| 1  | The Downward Influence of Sudden Stratospheric Warmings: Association                           |
|----|--|
| 2  | with Tropospheric Precursors   |
| 3  | Ian White*   |
| 4  | The Hebrew University of Jerusalem, Institute of Earth Sciences, Edmond J. Safra Campus, Givat |
| 5  | Ram, Jerusalem, Israel   |
| 6  | Chaim I. Garfinkel   |
| 7  | The Hebrew University of Jerusalem, Institute of Earth Sciences, Edmond J. Safra Campus, Givat |
| 8  | Ram, Jerusalem, Israel   |
| 9  | Edwin P. Gerber  |
| 10 | Courant Institute of Mathematical Sciences, New York University, New York, USA                 |
| 11 | Martin Jucker  |
| 12 | School of Earth Sciences, The University of Melbourne, Parkville, Australia                    |
| 13 | Valentina Aquila   |
| 14 | American University, Dept of Environmental Science, Washington, DC, USA                        |
| 15 | Luke D. Oman   |
| 16 | NASA Goddard Space Flight Center, Greenbelt, Maryland, USA                                     |

- <sup>17</sup> \**Corresponding author address:* Ian White, The Hebrew University of Jerusalem, Institute of Earth
- <sup>18</sup> Sciences, Edmond J. Safra Campus, Givat Ram, Jerusalem, Israel.
- <sup>19</sup> E-mail: ian.white@mail.huji.ac.il

# ABSTRACT

This study identifies tropospheric precursors to downward (DW) and non-20 downward (NDW) propagating sudden stratospheric warmings (SSWs) and 2 examines whether there is any difference between such events, other than in-22 ternal tropospheric variability, using a large compendium of SSWs obtained 23 from a chemistry-climate model. It is found that SSWs in general are pre-24 ceded by a sustained period of upward wave activity originating in the lower 25 troposphere, which is stronger for DW-propagating events, giving rise to a 26 weaker Polar Vortex. The differences in wave forcing between DW and NDW 27 events are associated with anomalous regional wave patterns in the tropo-28 sphere; precursors that may aid in the prediction of DW and NDW events at 29 the SSW onset. The DW influence of split and displacement events are also 30 examined, finding that anomalous upward wave-1 fluxes are present in both 31 cases, and that despite splits having a near instantaneous barotropic response 32 in the stratosphere and troposphere, displacements have a stronger long-term 33 influence. However, the identified precursors to DW and NDW SSWs do not 34 become statistically significant until more modelled events than have been ob-35 served are composited. We finally compare these results to randomly-selected 36 events independent of the SSW influence. This allows us to rule out that the 37 tropospheric signal following some SSWs is attributable to just internal tropo-38 spheric variability, but rather confirms a DW influence from the stratosphere. 39 Overall, these results suggest that the predictability of DW events could in-40 stead be enhanced by examining the strength of the regional anomalies which 41 occur prior to the SSW. 42

## 43 1. Introduction

Approximately once every other year, the winter-hemisphere westerly stratospheric Polar 44 Vortex weakens, reverses in direction and warms dramatically over the course of just a few days 45 in a sudden stratospheric warming (hereafter SSW; see Butler et al. 2015, and references therein). 46 Generally it is thought that such a SSW is caused by an anomalously strong upward flux of 47 planetary waves from the troposphere (e.g., Matsuno 1971; Polvani and Waugh 2004; Sjoberg and 48 Birner 2012), although it is not known if the reason for this upward flux is due to changes in the 49 tropospheric wave forcing itself, or due to stratospheric circulation changes which can modulate 50 the reservoir of wave activity below (e.g., Birner and Albers 2017; Garfinkel and Schwartz 2017). 51 Due to the hemispherical differences in topography, all but one of the observed SSWs have 52 occurred in the Northern hemisphere (NH) (e.g., Charlton and Polvani 2007). 53

54

It is acknowledged that SSWs can have an appreciable influence on the tropospheric circulation 55 below for up to 2 months following the onset of the event (e.g., Baldwin and Dunkerton 2001; 56 Polvani and Kushner 2002; Nakagawa and Yamazaki 2006; Mitchell et al. 2013; Hitchcock 57 and Simpson 2014; Kidston et al. 2015). In particular, SSWs on average precede a persistent 58 equatorward shift of the North Atlantic eddy-driven jet (i.e., a negative phase of the North Atlantic 59 Oscillation [NAO]). The eddy-driven jet is colocated with the extratropical storm tracks, and 60 hence plays a crucial role in determining the weather over North America and Europe (e.g., 61 Kidston et al. 2015). Additionally, it has been shown that SSWs result in an increase in cold-air 62 outbreaks in the midlatitude NH (Thompson et al. 2002; Tomassini et al. 2012) as well as 63 high-latitude blocking events (Martius et al. 2009). Thus, it has been suggested that the skill of 64 tropospheric seasonal forecasts can be improved by enhancing our understanding of SSWs and 65

their downward influence on the tropospheric circulation (Marshall and Scaife 2010; Scaife et al.
2012; Smith et al. 2012; Sigmond et al. 2013; Tripathi et al. 2014).

68

Whilst there is a clear aggregate impact of SSWs on the troposphere, there is considerable 69 variation between individual events (Baldwin and Dunkerton 2001; Sigmond et al. 2013). Indeed, 70 some events exhibit no visible impact and hence this has led to studies defining SSWs as either 71 'downward' (DW) or 'nondownward' (NDW) propagating (Jucker 2016; Kodera et al. 2016; 72 Runde et al. 2016; Karpechko et al. 2017). However, there is debate about whether there is 73 an actual DW communication of information from the stratosphere, or whether the observed 74 influence is related to variability inherent to the troposphere. Thus, in this study we utilise a series 75 of runs from the Goddard Earth System Community Climate Model (GEOSCCM) yielding a large 76 sample of nearly 1000 SSWs, to setup and subsequently reject the null hypothesis that there is no 77 difference between DW and NDW propagating events other than internal tropospheric variability. 78 We achieve this by identifying zonal-mean and regional precursors to DW and NDW-propagating 79 SSWs and compare them to randomly-selected events based purely on the behaviour of the 80 troposphere. This large sample size helps us to overcome the sampling uncertainty faced in many 81 previous studies which has led to varying conclusions, which we discuss below. 82

83

Previous studies have highlighted the role of the stratosphere in determining the extent of the DW influence. It has been suggested that the type and magnitude of the wave forcing (be it wave-1 or wave-2) entering the stratosphere (e.g., Nakagawa and Yamazaki 2006), the type of SSW (split or displacement) which occurs (e.g., Mitchell et al. 2013; Seviour et al. 2013; O'Callaghan et al. 2014; Seviour et al. 2016), the depth to which the intial warming descends in the stratosphere (Gerber et al. 2009; Hitchcock et al. 2013), and the persistence of the SSW in the

lower stratosphere (Hitchcock and Simpson 2014; Maycock and Hitchcock 2015) can all play a 90 role, either individually or collectively, in determining the tropospheric response. For instance, 91 Nakagawa and Yamazaki (2006) found that observed SSW events which were followed by a sig-92 nificant long-lasting tropospheric anomaly were associated with an enhanced upward flux of wave 93 2. Mitchell et al. (2013) and Seviour et al. (2013) found that the observed tropospheric response 94 was dependent on the SSW type; split SSWs were associated with such a response, whereas 95 displacement SSWs were not. However more recently, using a large compendium of modelled 96 SSWs, Maycock and Hitchcock (2015) disagreed with this, instead finding indistinguishable 97 surface signals. In particular, they suggested that the tropospheric impact was dependent on 98 whether the lower-stratospheric circulation anomalies persisted; a point which was also proposed 99 by Hitchcock and Simpson (2014) and Karpechko et al. (2017) using reanalysis data and a 100 full chemistry-climate model, as well as by Jucker (2016) using idealised GCM experiments. 101 Lehtonen and Karpechko (2016) and Karpechko et al. (2017) both indicated the role of enhanced 102 upward-propagating planetary waves prior to the onset of the SSW as well as its continuation for 103 a up to a week after the onset. 104

105

On the other hand, both observational and modelling studies have suggested that the troposphere 106 plays a key role in determining the extent of the DW influence of the SSW. In particular, tropo-107 spheric precursors and the state of the tropospheric circulation can determine the initial forcing 108 of the SSW (e.g., Martius et al. 2009; Garfinkel et al. 2010; Cohen and Jones 2011; Dai and Tan 109 2016; Hitchcock and Haynes 2016; Bao et al. 2017) as well as the ensuing tropospheric response 110 (Black and McDaniel 2004; Hitchcock and Simpson 2014). In terms of observations, Black and 111 McDaniel (2004), for instance, observed that the determination of the DW propagation of a SSW 112 depended on the pre-existing tropospheric state; in the case of nondownward-(NDW)-propagating 113

events, the troposphere was already in a positive NAM-like state which acted to mask the DW 114 stratospheric influence. In the case of DW-propagating events, the troposphere was already in a 115 negative NAM-like state, although slightly out of phase, latitudinally, with the canonical NAM. 116 Further, Garfinkel et al. (2010) found that surface variability over the North Pacific and Eastern 117 Europe could either deepen or flatten the troughs/ridges associated with tropospheric stationary 118 planetary waves. Such precursors over these two regions then lead to changes in the upward wave 119 flux and possibly the onset of a weaker Polar Vortex, followed by its DW propagation. Depending 120 on the magnitude and spatial location of this anomalous forcing, either a split or displacement 121 SSW may occur (e.g., Cohen and Jones 2011). 122

123

Modelling studies by Gerber et al. (2009) and Hitchcock and Simpson (2014) have shown 124 that variability inherent to the troposphere may play a key role in determining the extent of the 125 DW propagation. Using an idealised atmospheric general circulation model, Gerber et al. (2009) 126 added random perturbations to the synoptic-scale vorticity field in the midlatitude troposphere in 127 a 100-member ensemble forecast around a given event. They found that the same SSW event can 128 either appear to influence the troposphere or not, just by allowing natural variability to spread 129 the troposphere. Further, Hitchcock and Simpson (2014) utilised a chemistry-climate model 130 and initialised the troposphere and stratosphere differently, with the stratosphere being nudged 131 towards a reference zonal-mean SSW event and the troposphere being allowed to evolve freely. 132 Even though the stratospheric state was essentially the same throughout the model integrations, 133 in some integrations the SSW event reached down to the surface, whereas in others it did not. 134 Sigmond et al. (2013) showed that whilst the mean NAM forecast shifts to be more negative, the 135 spread does not decrease. This latter study by Sigmond et al. (2013) in combination with those 136 by Gerber et al. (2009) and Hitchcock and Simpson (2014), indicate that tropospheric variability 137

may be somewhat decoupled from the stratosphere, and that despite the SSW having a tendency
 to push the tropospheric NAM towards a negative state, the tropospheric response may depend on
 whether tropospheric variability acts to amplify or reduce the shift.

141

The paper is structured as follows: in section 2 we present a description of the GEOSCCM model integrations used in this study, and of the methods used to identify SSWs (Charlton and Polvani 2007) and split and displacement vortex events (Seviour et al. 2013), and also determine whether these events are DW or NDW propagating (Jucker 2016; Runde et al. 2016; Karpechko et al. 2017); in section 3 we present the results; and finally, in section 4 we present a summary and dicussion.

148

#### <sup>149</sup> 2. Methodology

#### 150 a. Model Output

We utilise a series of model integrations which were performed using the Goddard Earth 151 Observing System Chemistry-Climate Model, Version 2 (GEOSCCM; see Rienecker et al. 2008). 152 The GEOSCCM couples the GEOS-5 (Molod et al. 2012) atmospheric general circulation model 153 (GCM) with StratChem, a comprehensive stratospheric chemistry module (Pawson et al. 2008). 154 In total, 40 historical-run integrations are here analysed, 25 of which are of length 30 years 155 (January 1980 to December 2009) and 15 are of length 55 years (January 1960 to December 156 2014), which yields a total of 1575 years of data to analyse. These are described in more detail 157 in Garfinkel et al. (2015), Aquila et al. (2016) and Garfinkel et al. (2017). The integrations were 158 performed for different purposes and therefore this 'super ensemble' encompasses a range of 159

forcings and physical parameterisations. These include changing sea surface temperatures, sea-ice 160 and greenhouse gas concentrations, as well as ozone-depleting substances, solar variability, 161 and volcanic eruptions. We note that there is a slight influence of SSTs on the DW and NDW 162 propagation of SSWs, but it is comparatively weak and this is discussed in a future publication. 163 We also note that the two different time periods (i.e., pre- and post-satellite era) over which the 164 integrations are run do not have an influence on the results. The model was run using 72 vertical 165 layers with a lid at 0.01 hPa, although we base our analysis on 15 levels ranging from 850 hPa up 166 to 1 hPa. Additionally, the horizontal resolution is  $2^{\circ}$  latitude by  $2.5^{\circ}$  longitude. 167

168

#### 169 b. SSW Definitions

To define SSW events in the GEOSCCM model integrations described above, we first utilise 170 a simplified version of the World Meteorological Organisation (WMO) criteria proposed by 171 Charlton and Polvani (2007) where SSWs are defined by a reversal of  $\overline{u}$  at 60°N and 10 hPa 172 to easterly winds dfrom November  $1^{nd}$  to March  $31^{st}$ . This criterion is supplemented by the 173 requirement that winds return to a westerly state for a period of 10 consecutive days prior to April 174 30<sup>th</sup>, which helps avoid counting any final warmings, and a separation of at least 20 days between 175 two consecutive events, to avoid counting the same SSW event twice (see also the corrigendum 176 of Charlton and Polvani 2007). Note that for robustness, we have also performed the analysis 177 using the Northern Annular Mode (NAM) index (as in Thompson et al. 2002), the NAM tendency 178 index (as in Martineau and Son 2015) and the  $\overline{u}$  tendency (as in Martineau and Son 2013; Birner 179 and Albers 2017), finding qualitatively similar results. Using the SSW definition above, a total of 180 962 SSWs (see table 1) are found giving a ratio of 0.61 per year; a ratio not too dissimilar to that 181

<sup>182</sup> found in observations (also see table 1 in Butler et al. 2015).

183

We also identify the two characteristic types of extreme vortex variability - split and displace-184 ment SSWs - using the 2-D moment analysis method described by Seviour et al. (2013). In 185 particular, the geopotential height Z at 10 hPa, rather than the potential vorticity as in Mitchell 186 et al. (2013), is used in this method. Seviour et al. (2013) detail this method, but there are three 187 parameters which are to be modified appropriately for this study. The first is the edge of the Polar 188 Vortex, which we here define as the December-March (DJFM) climatological mean Z at  $60^{\circ}$ N and 189 10 hPa (as in Maycock and Hitchcock 2015), where the climatology is defined as the average over 190 all DJFM winters in all 40 ensemble members. The second and third are the thresholds for the 191 split and displacement SSWs, which depend on the values of the centroid latitude and aspect ratio. 192 We here choose the thresholds as the most equatorward 5% of centroid latitudes and largest 5% 193 of aspect ratios in all ensemble members, yielding thresholds of  $64.3^{\circ}$ N and 2.074 respectively 194 (compare these values to the respective  $5.7\%/66^{\circ}$ N and 5.2%/2.4 used in Seviour et al. 2013). We 195 note that the results are not sensitive to slight changes in the thresholds used here. We also note 196 that a handful of events satisfy both criteria, in which case they are marked as unclassifiable, to 197 try and best ensure independent events. Using this method, we find a total of 903 events with 198 400 splits, 500 displacements, and 3 unclassified (see table 1). Note that these events are not the 199 same as the 962 SSW events identified using the CP07 method, as we do not here classify the 200 CP07-identified SSWs as splits or displacements. 201

#### <sup>203</sup> c. DW- and NDW-propagating Event Definitions

To define whether a given event is DW or NDW propagating we utilise the NAM index. In 204 this study we compute a simplified NAM index based on the polar-cap average geopotential 205 height, Z. Standardised Z anomalies are calculated at each level as the deviation from the 60-day 206 low-pass filtered daily climatology, which are subsequently smoothed using a 3-day running 207 mean, following Martineau and Son (2015), although we note that quantitatively similar results 208 can be found using different filtering windows. The anomalies are then area-averaged (i.e., 209 multiplied by  $\cos \varphi$ ) over 60-87°N, divided by the standard deviation at each level and multiplied 210 by -1 so that conventionally, a negative NAM index identifies with a positive Z anomaly and vice 211 versa. 212

213

Four definitions have been proposed recently to characterise the DW propagation of SSWs 214 using the NAM index; one by Runde et al. (2016), two by Jucker (2016), and one by Karpechko 215 et al. (2017). We quickly summarise each one here and refer the reader to table 1 for the numbers 216 of DW and NDW-propagating events associated with each definition. First, Karpechko et al. 217 (2017) introduced three criteria that must be satisfied, these being: 1) the averaged NAM index at 218 1000 hPa over the period ranging from 8 days until 52 days after the onset date must be negative; 219 2) the fraction of days in this 45-day period on which the NAM index at 1000 hPa is negative must 220 be greater than 0.5; and 3) the fraction of days in this 45-day period on which the NAM index at 221 150 hPa is negative must be greater than 0.7. Note that for the first two criteria we use the NAM 222 at 850 hPa to avoid complications with topography and for the third we use 100 hPa to ensure that 223 the anomalies persist in the lower stratosphere, although we note that the results are not sensitive 224 to the choice of level. These criteria are chosen to ensure that there is a long-lasting tropospheric 225

signal of the negative NAM anomalies associated with the upper-tropospheric/lower-stratosphericnegative anomalies.

228

Runde et al. (2016) proposed a more restrictive definition. In particular, the NAM index has 229 to be more strongly negative than -1.5 standard deviations at every level below 10 hPa down 230 to 850 hPa for at least one day in the succeeding 70 days (although we chose this window) 231 after the onset date. Additionally, the date of the first exceedance of the threshold at each 232 level must be after (or occur simultaneously to) the first exceedance at the level above. If 233 this is not satisfied then the end date of the exceedance at a given level must occur after (or 234 again simultaneously to) the end date at the level above. Further, the start lag of the threshold 235 exceedance at a given level must be within 30 days of the end date of threshold exceedance at 236 the level above, to try and ensure that the anomalies at each level are connected. Overall this 237 ensures that there is a clear DW propagation from the middle stratosphere to the lower troposphere. 238 239

The two proposed definitions by Jucker (2016) will be referred to as the absolute-criterion and 240 relative-criterion definitions herein. The absolute-criterion definition simply demands that the 241 NAM index averaged over lags +10 to +40 be smaller than -0.6. We note, as they do, that our 242 results are insensitive to changes in this window, as well as changes in the threshold value. On the 243 other hand, the relative-criterion definition demands that the relative change of the NAM index at 244 500 hPa between positive lags (averaged over lags +1 to +80) and negative (averaged over lags -80 245 to -1) must be smaller than -0.1. We note again, that the results are not sensitive to the thresholds 246 in this definition, aside from the fact that the averaging periods used influence the width of the 247 positive and negative anomalies either side of the onset date in the composite plots (see figure 8). 248

One thing to be mindful of when identifying a given SSW as DW-propagating is to determine 250 if the tropospheric NAM anomalies are actually attributable to those in the stratosphere. More 251 specifically, the negative tropospheric NAM at positive lags could be due to either the stratospheric 252 anomaly propagating DW, or, due to the persistence of a negative tropospheric NAM prior to the 253 onset. Indeed, it could also be a combination of the two, or even the negative tropospheric NAM 254 at positive lags spontaneously developing, unrelated to the stratosphere. Of course, to distinguish 255 between all of these is very difficult, but from our sensitivity tests, the definitions by Karpechko 256 et al. (2017) and Runde et al. (2016) go some way towards ensuring this, with particular emphasis 257 on the latter which demands an apparent systematic DW propagation from the middle stratosphere 258 to near the surface. Although we discuss the sensitivity of our results to the definitions in 259 section 3b, we note here that the Karpechko and Runde definitions yield quantitatively similar 260 results, and because the former gives a larger compendium of DW SSWs (see table 1), we choose 261 to mostly utilise the definition by Karpechko et al. (2017) herein, unless explicitly stated otherwise. 262 263

#### 264 **3. Results**

We start by examining the evolution of the tropospheric and stratospheric circulation and wave propagation during SSW events and identifying precursors to both DW and NDW propagating events. We then determine the robustness of the identified precursors using a variety of different DW definitions as well as comparing our results to randomly-selected tropospheric NAM events. Finally, we identify the differences between split and displacement-type extreme vortex events as well as their DW propagation to the troposphere.

#### <sup>272</sup> a. Identification of Precursors; Wind Reversal Criterion

We first examine the evolution of the NAM index composited at lag zero according to the onset 273 date of the SSW (first day for which  $\overline{u}$  at 60°N and 10 hPa reverses to easterly; Charlton and 274 Polvani 2007). We also here only show results using the DW definition of Karpechko et al. (2017) 275 but note that the robustness of these results to DW definition is discussed in section 3b. Figure 1 276 shows the NAM index composited over a) all SSW events in all of the ensemble members (a total 277 of 962; see table 1); b) all DW-propagating SSW events (506; as determined by the criteria in 278 Section 2); c) all NDW-propagating SSW events (456); and d) the composite difference between 279 the DW- and NDW-propagating events (hereafter DW-NDW). In the all event composite (a), 280 the NAM index is similar to the canonical 'dripping-paint' pattern first highlighted by Baldwin 281 and Dunkerton (2001) showing that the model used in this study produces realistic SSWs. The 282 negative anomalies initialise around lags -15 to -10 above  $\sim$ 250 hPa, and at lag zero maximise in 283 the upper stratosphere. The negative anomalies propagate DW to the lower stratosphere over the 284 next few weeks and start to recover in the upper stratosphere after lag +20, although those in the 285 lower stratosphere persist until lag +60. Negative anomalies are visible in the troposphere for all 286 positive lags, but with much smaller amplitude than those in the stratosphere. 287

288

<sup>289</sup> Upon subdividing the total into DW- and NDW-propagating events (b and c), it can be seen that <sup>290</sup> the DW events have a much stronger influence on the troposphere after lag 0, by construction, <sup>291</sup> with negative NAM anomalies reaching down to near the surface and persisting for over 60 days. <sup>292</sup> At positive lags, the DW composite (b) has magnitudes of around twice that of the total (a) in <sup>293</sup> the troposphere, which is due to the cancellation between the negative DW anomalies and the <sup>294</sup> weakly-positive NDW anomalies in (c). Further, the magnitude of the negative anomalies in the

upper stratosphere is larger for the DW events, and those in the lower stratosphere persist for 295 considerably longer during DW events. Finally, there are larger negative tropospheric anomalies 296 in the DW composite compared to the NDW composite prior to lag zero, indicating tropospheric 297 preconditioning. Such anomalies have been found before in a large compendium of SSWs by 298 Gerber et al. (2010), Hitchcock and Simpson (2014, their figure 5e), Hitchcock and Haynes 299 (2016), Jucker (2016), and in a large ensemble of SSW events using the Canadian Middle-300 Atmosphere Model by Karpechko et al. (2017). Hence, it appears that DW SSW events appear 301 to be stronger in overall magnitude in both the troposphere and stratosphere, persist for longer 302 in the lower stratosphere and have evidence of tropospheric preconditioning, in comparison to 303 those which are NDW propagating. The robustness of these precursors are discussed in section 3b. 304 305

To examine the differences in upward wave activity between DW and NDW events, in figure 2 we show the height-time evolution of the vertical component of the Eliassen-Palm (EP) flux

$$F^{(z)} = \rho_0 a \cos \varphi \left( \left[ f - \frac{1}{a \cos \varphi} (\overline{u} \cos \varphi)_\varphi \right] \overline{v' \theta'} / \overline{\theta}_z - \overline{w' u'} \right)$$
(1)

(Andrews and McIntyre 1978; Andrews et al. 1987), where  $\varphi$  and z are the latitude and log-308 pressure height coordinates, u, v and w are the zonal, meridional and vertical components of 309 the wind,  $\theta$  is the potential temperature, f, a and  $\rho_0$  are the Coriolis parameter, Earth's radius 310 and basic state density, and overbars and primes represent the zonal-mean and deviations from 311 the zonal-mean, respectively.  $F^{(z)}$  is averaged over the latitude band of 45-75°N and filtered 312 for planetary waves 1-2 and as in figure 1, presented as composites over (a) all SSWs, (b) DW 313 SSWs, (c) NDW SSWs, and (d) the DW-NDW difference. Overall, there are positive anomalies 314 preceding the onset date extending back to lags  $\sim$ 40-45 in the troposphere before propagating 315 up into the stratosphere and persisting until lag -5 in the lower to middle stratosphere. For 316

DW events, this preceding wave flux is enhanced compared to NDW events, being of nearly 317 double the magnitude. After the onset date, there are generally negative stratospheric anomalies 318 indicating reduced upward wave activity. In the troposphere, the anomalies are of opposite sign 319 between DW and NDW events; for the DW events, there are positive anomalies which we note 320 are dominated by wave-2, whereas for NDW events, there are negative anomalies. This results in 321 DW-NDW differences which are positive from  $\sim$  lag -28 to +50, and extend from 850 hPa into 322 the middle stratosphere, although after  $\sim +20$ , the differences are confined below 200 hPa. We 323 note that these differences become less significant if synoptic waves are included in the composite. 324 325

These  $F^{(z)}$  anomalies allow us to define certain lag stages in the evolution of the DW and NDW 326 SSWs (see dashed vertical lines). The first is the preconditioning stage (hereafter PC) from lags 327 -25 to -1, which is chosen as it represents the approximate duration of the significant tropospheric 328 precursor DW-NDW differences, although we note that that the tropospheric and stratospheric 329 anomalies intensify at around lag -15. The second is the onset stage (ONS) from lags 0 to +5, 330 which is associated with continued (reduced) anomalous upward wave propagation in the strato-331 sphere (troposphere). Finally, we classify the recovery stage (REC) over lags +6 to +50 which 332 represents the approximate timescale over which the tropospheric DW-NDW differences disap-333 pear. Note that results in this paper are not sensitive to slight changes in the definition of these lags. 334

335

It is natural to ask if the zonal-mean NAM and wave-forcing anomalies thus far are indeed zonal, or project instead onto a more regional pattern. Figure 3 shows the latitude-longitude distributions of the geopotential height *Z* anomalies at 850 hPa averaged over the PC stage (top row), ONS stage (middle row), and REC stage (bottom row). The November-February climatology for each variable is superimposed as green contours and we note that the climatologies in these <sup>341</sup> GEOSCCM integrations agrees well with observations (e.g., Garfinkel et al. 2010).

342

In the PC stage, the Z anomalies for the DW (a) and NDW (b) composites show similar 343 spatial patterns, with a clear wave-1 like structure consisting of negative anomalies northward 344 of  $60^{\circ}$ N over the North Pacific and positive anomalies over Scandinavia and Europe. These 345 negative (positive) anomalies project onto the climatological stationary planetary wave-1 centres 346 of action, albeit slightly offset to the northeast (northwest), respectively. In the DW composite, 347 the magnitudes of the anomalies are noticeably larger than in the NDW composite; in particular 348 the positive anomalies over Northern Europe which are doubled in the DW composite. This 349 difference in magnitudes is highlighted in the DW-NDW composite (top right) with negative 350 and positive differences over the Aleutian Low sector and the Siberian High sector respectively. 351 We also note the regions of positive and negative anomalies further equatorward over the North 352 Pacific and North Atlantic respectively. Over the North Atlantic, the anomalies are significantly 353 more negative for the DW events. 354

355

During the ONS stage (middle row), positive anomalies appear over the Polar cap with an 356 annulus of negative anomalies starting to develop at midlatitudes for the DW events. For the NDW 357 events however, positive and negative anomalies develop over the Aleutian Low and Siberian 358 High regions, respectively, projecting negatively onto the climatological centres and suggesting 359 a reduced upward wave-1 flux. This yields differences which still show a wave-1 pattern over 360 the North Pacific and Siberia, along with more widespread negative differences over the North 361 Atlantic (compared to during the PC stage). The latter highlights the canonical DW influence 362 of SSWs. The NAM at lags 0 to +5 is not utilised in the Karpechko et al. (2017) DW definition 363 and hence these anomalies are not forced by the averaging associated with the definition. During 364

the REC stage (bottom row), the strongest anomalies are associated with the DW events (indeed, with much smaller anomalies in the NDW composite), which exhibit a highly zonal pattern, with positive anomalies at high latitudes surrounded by an annulus of negative anomalies at midlatitudes, projecting onto the negative phase of the NAO. We note however, that these are present by construction.

370

<sup>371</sup> In order to determine if the anomalous geopotential heights seen in figure 3 result in enhanced <sup>372</sup> upward wave activity (as we ascertained) we calculate the vertical component of the 'Plumb flux'

$$F_p^{(z)} = \frac{p\cos\varphi}{p_s} \left( \frac{f}{N^2} \left[ v'T' - \frac{1}{2\Omega a\sin 2\varphi} \frac{\partial}{\partial\lambda} (T'\Phi') \right] \right)$$
(2)

<sup>373</sup> (Plumb 1985), where  $\lambda$  is the longitude, *T* the temperature,  $\Phi$  the geopotential,  $N^2$  the static <sup>374</sup> stability,  $\Omega$  the Earth's rotation rate, *p* the pressure,  $p_s$  the reference pressure level and *v* is here <sup>375</sup> calculated using the geostrophic wind approximation ( $v = (a \cos \varphi)^{-1} \partial \Phi / \partial \lambda$ ). Note that it has <sup>376</sup> been written in this form so as to remove the presence of higher-order derivatives, to which the <sup>377</sup> calculation can be sensitive. The primes represent deviations from the zonal-mean. This allows <sup>378</sup> one to analyse the horizontal variations in the upward wave activity at a given level.

379

Figure 4 shows the same as figure 3 except for  $F_p^{(z)}$  at 150 hPa. During the PC stage (top row), positive anomalies are present in the DW and NDW composites northward of 40°N. The main difference between the two is in magnitude; this is indicated in the DW-NDW difference where there are positive differences over Asia, the North Atlantic basin and the Eastern Pacific, and also negative differences over Eastern Europe. Although these anomalies enhance the climatological upward wave activity (green contours) under both DW and NDW events (indeed, leading to the SSW), it is particularly increased under DW events. We also note that the anomalies are dominated by wave-1 (not shown). This is in agreement with the 850-hPa *Z* anomalies in figure 3 wherein the anomalies enhanced the wave-1 centres of action. In the ONS stage (middle row), the structure is also similar to the EO stage, except that the magnitudes have decreased. Finally, in the REC stage, the upward wave activity is much reduced for both DW and NDW events, with generally negative anomalies everywhere for the NDW events. For the DW events, there are still weak positive anomalies over the North Atlantic and flanking the climatological peak over the Pacific and Siberia, indicating continued weak upward propagation.

394

In order to determine the vertical extent of the Z anomalies, we show longitude-height cross-395 sections of Z' (i.e., the deviation from zonal-mean) in figure 5, averaged over the same lag stages 396 as in figure 3 and over the latitude band of 50-60°N. This latitude band is chosen as it best captures 397 the negative and positive anomalies over the Aleutian Low and Siberian High regions shown in 398 figure 3. In the climatology (thin black contours), there is a clear westward tilt with height of Z'399 agreeing with the well-known westward tilt with height of upward-propagating planetary waves 400 (e.g., Andrews et al. 1987). The Z' has a wave-1 structure in the stratosphere with one ridge and 401 one trough, but is associated with higher wavenumbers in the troposphere (multiple ridges and 402 troughs). This agrees with the Charney-Drazin criterion (Charney and Drazin 1961) which states 403 that only planetary waves can propagate into the stratosphere and smaller-scale waves are limited 404 to propagation in the troposphere. 405

406

<sup>407</sup> During the PC stage (top row), the anomalies for both DW and NDW events project posi-<sup>408</sup> tively onto the climatological Z' anomalies and exhibit the canonical westward tilt with height, <sup>409</sup> indicating anomalous upward wave propagation from the troposphere to the lower-to-middle <sup>410</sup> stratosphere. In particular, in the troposphere, there are negative anomalies spanning from 70°E eastward to  $\sim 150^{\circ}$ W, and positive anomalies from  $150^{\circ}$ W eastward to  $\sim 60^{\circ}$ E. These agree with the *Z'* anomalies at 850 hPa shown in figure 3. In the difference plot, it is clear that the anomalies associated with DW events are generally larger in magnitude indicating enhanced upward wave propagation.

415

After the onset date (middle row), the anomalies above 10 hPa change sign, thus projecting neg-416 atively onto the climatological centres. This could either be associated with reduced upward wave 417 propagation deep into the stratosphere after a SSW event, in agreement with the Charney-Drazin 418 criterion, or be directly related to the Z' anomalies associated with the weakened Polar Vortex. In 419 the case of the latter, it likely represents the wave-1 pattern associated with (displacement) SSWs 420 (see section 3c), which is therefore stronger for the DW events. Below 50 hPa, the anomalies 421 and differences look generally similar to during the PC stage although slightly more connected, 422 suggesting continued upward wave propagation into the lower stratosphere. During the REC 423 stage (bottom row), the anomalies above 50 hPa deepen and intensify compared to during the 424 ONS stage, which is particularly enhanced during the DW events. This is in agreement with a 425 stronger SSW event (figure 1). Below 50 hPa, they lose their westward tilt with height, instead 426 either exhibiting more of an eastward tilt, particularly over the North Pacific (g), or vanishing 427 almost entirely (h). This indicates suppressed wave propagation into the stratosphere. 428

429

To further indicate the influence of the upward wave activity from the troposphere on the strength of the polar vortex, we plot a scatter graph of the vertical component of the Eliassen-Palm (EP) flux  $F^{(z)}$  at 100 hPa and averaged over negative lags -15 to -1, against the NAM index at 10 hPa averaged over positive lags +1 to +10, in figure 6a. As in figure 2,  $F^{(z)}$  is filtered for planetary waves 1 and 2 and averaged over 45-75°N. As aforementioned, we use lags -15

to -1 for  $F^{(z)}$  as the EP flux intensifies during these lags in the stratosphere and troposphere 435 (figure 2). We note that the window for  $F^{(z)}$  used here is shorter than that used in Polvani and 436 Waugh (2004) who found that a time-integrated upward flux over 40 days at 150 hPa gave the 437 best correlation. Overall, as expected, an increase in upward wave activity leads to a decrease in 438 the vortex strength, with a correlation coefficient of -0.60 which is highly significant ( $p \ll 0.01$ ). 439 Upon splitting into DW and NDW events, and calculating the lines of best fit for each, it can be 440 seen that the respective correlation coefficients are also both very similar (-0.60 and -0.57). The 441 composite mean for both event types (large squares) indicate that for DW events, there is a slightly 442 larger upward flux of wave activity entering the stratosphere preceding the SSW, which results in 443 a more negative NAM index at 10 hPa. Nevertheless, we note that there is still scatter about the 444 lines of best fit, indicative of the high variability in the winter stratosphere. This could imply that 445 a linear fit is not optimal, but we note that a nonlinear fit does not yield an increase in the  $R^2$  value 446 (which is here 0.36 for DW and 0.32 for NDW). Note that the correlation coefficients are ro-447 bust only at levels close to 100 hPa, whereas closer to the surface, the correlations become smaller. 448

In figure 6b we also show a scatter plot of the lower-stratospheric  $\overline{u}$  at 150 hPa averaged over 450 lags +1 to +40 against the NAM index at 850 hPa averaged over the same period. Note that 451 in this plot, the SSWs are classified as DW and NDW using the absolute-criterion definition of 452 Jucker (2016), who defines such events using the NAM at 500 hPa. This limits the influence 453 of the DW definition on the stratospheric and tropospheric NAM index as would be the case 454 using the definition of Karpechko et al. (2017). A clear overall positive correlation is found 455 (r=0.8) which is highly significant ( $p \ll 0.01$ ). There is a clear separation between the DW and 456 NDW events, as expected due to the DW events being defined as such, with more of a negative 457 NAM in the upper troposphere-lower stratosphere and near to the surface compared to the NDW 458

events. Nevertheless, some of the NDW events do have a negative near-surface signal, indicating 459 that either there were lower-tropospheric negative NAM events occurring simultaneously to the 460 given SSW, or this definition cannot identify all such events as DW-propagating. The correlation 461 coefficients for the DW (NDW) events are both high at r=0.62 (r=0.61), although it is noticeably 462 smaller than the overall correlation coefficient. Note that the correlation coefficients between  $\overline{u}$ 463 at pressure levels higher into the stratosphere against the NAM at 850 hPa, decrease with height. 464 Hence, despite the SSW in the middle stratosphere being stronger for the DW events on average 465 due to enhanced upward wave activity (figure 1), the tropospheric response is more dependent 466 on the subsequent strength and persistence of the SSW in the lower stratosphere (Maycock and 467 Hitchcock 2015), although the lower-stratospheric NAM response is in turn related to the strength 468 of the NAM in the midde stratosphere (not shown). 469

470

It is worthwhile to examine how many SSWs are required to find precursory features such as 471 those found in figures 1-5. For instance, these precursor features to DW and NDW events are 472 not found in reanalysis products such as the ERA-Interim reanalysis (see figure 1 in Karpechko 473 et al. 2017), but they have been found in the zonal-mean sense in larger-samples obtained from 474 GCMs (e.g., figure 3 in Karpechko et al. 2017). Hence in figure 7 we plot confidence intervals of 475 the DW-NDW difference for the PC stage (-25 to -1) of (a) the NAM index at 300 hPa, (b)  $F^{(z)}$  at 476 150 hPa averaged over 45-75°N, and (c) Z at 850 hPa area averaged over 50-80°N, 60-90°E, i.e., 477 the positive differences slightly northwest of the climatological Siberian High. The confidence 478 intervals are estimated using a Monte-Carlo repeat sampling procedure (100,000 repetitions), for 479 different prescribed sample sizes. The confidence intervals for the 90% (red), 95% (green) and 480 99% (blue) levels all converge to the overall composite mean shown in the corresponding figures 48 (see dotted black lines), as the sample size is increased from the minimum of 10 considered 482

<sup>483</sup> here, to the maximum of 455. From the definition of a confidence interval around the difference <sup>484</sup> between the means of two samples, if the interval does not contain zero, then the means must <sup>485</sup> be significantly different from zero, at the chosen level. Hence, we can ascertain from figure 7 <sup>486</sup> that the point at which the upper bound crosses the zero difference line to become negative, <sup>487</sup> is the approximate number of SSWs that are required to obtain the required level of statistical <sup>488</sup> significance (see the respective coloured vertical lines).

489

In terms of the NAM index, it can be seen that at the 90%, 95% and 99% levels, the number 490 of DW and NDW SSWs each required is ~50, 70 and 110, respectively. For  $F^{(z)}$ , the numbers 491 required are slightly less ( $\sim$ 45, 65, and 100), and for Z over the Siberian high sector, the numbers 492 are much reduced ( $\sim$ 35, 45, and 75). In all three cases, even at the 90% level, the number of DW 493 and NDW SSWs required separately to find such precursor anomalies, is more than that which is 494 currently available in reanalysis datasets. We hence conclude that using a regional parameter such 495 as the Z anomalies averaged over the Siberian High sector, may be a better indicator of whether 496 an event will be DW or NDW propagating. 497

498

### 499 b. Robustness of Precursors

As there have been a variety of definitions used to diagnose DW propagation, we here test the robustness of the zonal-mean precursors found in figure 1 using each of the definitions introduced previously in section 2c. Figure 8 shows the NAM index at 500 hPa for the DW definition of Karpechko et al. (2017) (red line; also see figure 1), Runde et al. (2016) (blue line), and the absolute- and relative-criterion definitions of Jucker (2016) (green and black lines, respectively). We first note that at positive lags, all definitions show negative NAM for DW events <sup>506</sup> by construction, although with differing magnitudes depending on the thresholds used in the <sup>507</sup> individual definitions. At negative lags, the Karpechko, Runde and absolute-criterion definitions <sup>508</sup> give quantitatively similar results to one another, with the DW composite showing negative NAM <sup>509</sup> values prior to lag zero, and the NDW composite showing positive values from approximately lag <sup>510</sup> -20 to 0 and negative values beforehand. This gives differences that are therefore negative and <sup>511</sup> statistically significant extending back to approximately lag -25.

512

The relative-criterion definition gives drastically different results however for the DW and NDW composites prior to lag zero; positive anomalies for DW events and negative anomalies for NDW events, yielding positive differences prior to lag zero. The differences are antisymmetric (although the negative NAM at positive lags is of larger magnitude) around the central date and this is found to depend on the averaging window used to determine the DW propagation; in this example we used lags -40 to -10 and lags +10 to +40 as the averaging periods. This also agrees with Jucker (2016) who showed a similar composite centred on lag zero.

520

The differences in the NAM evolution among the four definitions can be related to the periods 521 of time used in each definition. For instance, the Karpechko, Runde, and absolute-criterion 522 definitions only use values of the NAM at positive lags, whereas the relative-criterion uses NAM 523 values at both negative and positive lags. In regards to the former three, they can be used to 524 identify precursor features at negative lags (and in fact, the Karpechko definition can be used up 525 until lag +7) as required for this study, as they do not force the composites at such lags. In the case 526 of the relative-criterion definition however, any precusors may be influenced by the definition. For 527 this reason, we believe that the precursors are robust but we note that they are sensitive to the type 528

<sup>529</sup> of definition used.

530

Also shown on figure 8 is the composite NAM index consisting of random tropospheric events 531 (cyan line). These random events are selected to test the null hypothesis aforementioned in the 532 introduction; i.e., that there is a difference between DW and NDW events other than tropospheric 533 variability. In order to calculate this random composite, we removed each SSW event and 534 its surrounding 100 days (hence, 101 days total for each event) from the timeseries for each 535 experiment, and then randomly selected a new event, which by construction, is unrelated to a 536 SSW. We define each event as having a negative (Tneg) or positive (Tpos) tropospheric NAM 537 after the 'onset date' by averaging the tropospheric NAM at 500 hPa over lags +10 to +50, 538 yielding 411 Tneg and 551 Tpos events. Overall, the Tneg composite is negative at both positive 539 and negative lags, whilst the opposite is evident in the Tpos composite. This yields differences 540 that are significantly negative at all lags, and is remarkably similar to that found in the SSW 541 differences, albeit with differences in magnitude at negative lags. However, we note that these 542 events are randomly chosen and the onset date has no influence on the tropospheric NAM; indeed, 543 the onset date could be randomly chosen to either occur at the start, in the middle, or at the end of 544 the lifecycle of the negative tropospheric NAM event, which when averaged over all 962 events, 545 would conceivably give a composite similar to that shown in figure 8. In fact, upon reselecting 546 events hundreds of times, similar composites are found. Nevertheless, this viscerally highlights 547 that the differences at positive lags in the troposphere are entirely there by construction. 548

549

<sup>550</sup> Although in the zonal-mean, the random composites show negative differences prior to the <sup>551</sup> 'onset date' (extending back to lag -60), they may not be associated with enhanced upward wave <sup>552</sup> forcing as was the case with the SSW composites (figure 3a-c). Figure 9 shows the GPH anomalies

at 850 hPa for the DW and NDW SSW events (left column; reproduced from figure 3a,b), the 553 Tneg and Tpos events (middle column), and the differences DW-Tneg (right column, top) and 554 NDW-Tpos (right column, bottom). The Tneg events show overall much weaker anomalies than 555 the DW SSW events with negative anomalies at midlatitudes associated with a localised trough 556 over the North Pacific basin and a smaller-valued trough over the North Atlantic basin, and posi-557 tive anomalies further poleward. This yields DW-Tneg differences with a high slightly northwest 558 of the climatological Siberian High and a low slightly to the northeast of the climatological 559 Aleutian Low, similar to figure 3c due to the dominance of the SSW composites. In terms of 560 the Tpos events, there is also a more annular structure, but of opposite sign to the Tneg events, 561 yielding annular and opposite-signed differences to DW-Tneg. Hence, the precursor anomalies 562 associated with DW and NDW SSWs which are related to stationary planetary wave-1 forcing, 563 are not similar to those associated with randomly-selected Tneg and Tpos events. This allows us 564 to reject the null hypothesis aforementioned, and conclude that the regional patterns represent 565 real differences between DW and NDW- propagating events, distinct from tropospheric variability. 566

#### *c. Precursors to Splits and Displacements*

567

Recent studies have highlighted the importance of the type of vortex event - be them either split or displacement events - on the surface observed after the onset of the event. In particular, Mitchell et al. (2013) and Seviour et al. (2013) found using the ERA-40 and ERA-Interim reanalyses that split events have a larger and more observable surface impact compared to displacements. In order to determine if there is any link between the tropospheric precursors which we found in sections 3a and 3b and the type of event, we here classify the split and displacement events as either DW or NDW propagating using the DW definition of Karpechko et al. (2017).

576

Figure 10 shows the height-time evolution of the NAM index divided into displacements 577 (left column) and splits (middle column) and subdivided further into the total (top row), DW-578 propagating (middle row) and NDW-propagating (bottom row). Also shown are the differences 579 (right column) for displacements-splits (top), DW-NDW displacements (middle) and DW-NDW 580 splits (bottom). In the total composites, clear significant differences between displacements 581 and splits can be seen in both the stratosphere and in the troposphere. In the stratosphere, the 582 displacements are stronger than the splits, up until lag +50. In particular, in the middle-to-upper 583 stratosphere the displacements are nearly twice as strong. In the troposphere, whilst the dis-584 placement events have a stronger long-term influence up until lag +45, the splits have a more 585 barotropic nature at the onset with an instantaneous response near the surface, which dissipates 586 after  $\sim \log +5$ . The barotropic nature at the onset is in agreement with the more likely role of 587 the barotropic mode for split SSWs (Esler and Scott 2005). Prior to the onset date, the splits 588 show clear tropospheric negative anomalies extending back to lag -45 which are stronger than 589 for the displacements. Further, these split anomalies are nearly of equal strength to those which 590 occur at positive lags, indicating that such events may actually have less of an influence on the 591 troposphere, at least in this zonal-mean sense. 592

593

<sup>594</sup> Upon subdividing into DW (middle row) and NDW (bottom row) events, the splits and <sup>595</sup> displacements broadly show similar results to those found using the wind reversal criterion <sup>596</sup> (figure 1) with slightly stronger negative NAM anomalies in the middle to upper stratosphere as <sup>597</sup> well as longer-persisting anomalies in the lower stratosphere for DW events. This yields therefore, <sup>598</sup> similar DW-NDW composite differences at positive lags to figure 1. However, at negative lags,

the splits have much stronger negative tropospheric and lower-stratospheric precursors than 599 the displacements, extending back to lag -55 and becoming stronger around lag -25 for the 600 DW events, but weaker anomalies extending back to lag -30 for the NDW splits. The DW 601 displacements on the other hand show very similar anomalies to the total (a), and the NDW 602 displacements show evidence of positive tropospheric anomalies up to two weeks before the 603 onset (and weakly negative anomalies before that). Overall, this gives similar-valued DW-NDW 604 differences at negative lags, except that the splits have negative differences which extend further 605 back to lag -30 and also extend into the stratosphere. 606

607

As before, we now examine the regional differences in order to understand these tropospheric 608 precursors. Figure 11 shows the same as figure 3 except for Z at 850 hPa for the displacement 609 events. At negative lags, there are negative anomalies over the Northwestern Pacific and positive 610 anomalies over Northern Europe and Siberia. These two anomalous centres project onto the 611 climatological wave-1 centres of action (green contours), and in particular, the positive anomaly 612 over Northern Euope/Siberia is stronger for the DW events, indicating similarly to figure 3, 613 an increase in upward wave-1. Also over the subtropical North Pacific, there is a band of 614 positive anomalies projecting onto the eastern flank of the climatological wave-1 Aleutian Low. 615 These anomalies are stronger under NDW events and hence yield negative differences over the 616 Aleutian Low sector. This subtropical band of positive anomalies in conjunction with the negative 617 anomalies further poleward, yield a dipole over the Pacific basin leading to possible meridional 618 shifts in the East Pacific Jet (e.g., Nishii et al. 2010; Dai and Tan 2016; Bao et al. 2017). During 619 the ONS and REC stages, the anomalies are very similar to as in figure 3, with a more zonal 620 structure as the lag progresses and displaying evidence of reduced upward wave propagation 621

<sup>622</sup> under NDW events compared to DW events in the REC stage.

623

Figure 12 shows the same as figure 11 except for the split events. In contrast to the displacement 624 events, the anomalies at this level show more of a wave-2 structure, with an intensification of the 625 highs and lows of the climatological wave-2 (green contours). In particular, there are negative 626 anomalies over the North Pacific, over the North Atlantic and Western Europe, along with positive 627 anomalies over Siberia and Eastern Europe. In general, these anomalies are stronger for the 628 DW events, as indicated by the difference composite. The differences also show evidence of 629 an intensification of the climatological wave-1. During the ONS stage, the anomalies become 630 more pronounced with a noticeable increase in magnitude. Both the DW and NDW composites 631 show a wave-2 pattern, although this is even more clear for the NDW events. The DW events 632 also show a projection onto the climatological wave-1 centres with negative anomalies over the 633 Aleutian Low and positive anomalies over Siberia. During the REC stage, the DW composite 634 at high latitudes looks similar to during the ONS stage, in agreement with the near-barotropic 635 structure shown in figure 10. In the REC stage, although the DW anomalies are more annular 636 (by construction), there is enough of a break from asymmetry to project positively onto the 637 climatological wave-2, indicating an enhanced upward flux. Under NDW events, the anomalies 638 are negligible in comparison. 639

640

<sup>641</sup> We now plot the height-time evolution of  $F^{(z)}$  for displacement events (figure 13) and split <sup>642</sup> events (figure 14) in order to determine the vertical extent of the wave-1 (top row) and wave-2 <sup>643</sup> (bottom row) anomalies from the troposphere into the stratosphere. Prior to the onset, there is <sup>644</sup> enhanced upward wave-1 under DW events, which propagate up from 850 hPa into the lower <sup>645</sup> stratosphere near 50 hPa. After the onset, the wave activity is generally suppressed as shown <sup>646</sup> by negative anomalies in both the DW and NDW events, although positive (upward) anomalies <sup>647</sup> do persist in the upper troposphere to lower stratosphere for a short while (~5 days) after <sup>648</sup> the onset. The negative anomalies for the NDW events are of significantly larger magnitude. <sup>649</sup> Additionally, after the onset (around lag 10 or so) there is significantly enhanced upward wave-2 <sup>650</sup> in the troposphere (up to 400 hPa) for DW events, in agreement with figure 2. Note that the other <sup>651</sup> wavenumbers contribute negligibly to the  $F_z$  flux and hence we do not include them here, for <sup>652</sup> brevity.

653

For split events (figure 14), we can see that they are generally preceded by large upward wave-2 654 anomalies which propagate up from 850 hPa and peak in the middle to upper troposphere, with 655 only a small amount penetrating into the stratosphere at the onset date. This is the case for both 656 DW and NDW events (d and e), although there are actually slightly less upward wave-2 at the 657 onset for the DW events (panel f; opposite to Nakagawa and Yamazaki 2006). However, those 658 which propagate DW to the troposphere are preceded by enhanced anomalous upward wave-1 659 into the stratosphere compared to NDW events (see a and b). In the differences (c) it can be 660 seen that this enhanced upward wave-1 starts around lag -20 and persists through the onset date 661 until around lag +10. Even though split events are generally associated with wave-2 anomalies 662 in the upward flux (as shown in d and e), this result indicates that in order for a split event to 663 propagate DW, there must also be anomalous wave-1 fluxes. Similar to the displacements, there 664 are enhanced upward tropospheric wave-2 anomalies for the DW events after the onset date. 665

#### **4.** Summary and Discussion

Using a series of 40 integrations of the GEOSCCM model, we have examined differences 668 between so-called downward (DW) and nondownward (NDW) propagating SSWs. We have 669 (1) established the existence of tropospheric precursor circulation anomalies to DW and NDW 670 events, which manifest as nonzonal wave patterns which project onto the climatological 671 stationary-planetary wave centres and also onto the zonal-mean NAM, and (2) demonstrated 672 that these precursors are intimately connected with upward and downward coupling between the 673 stratosphere and the troposphere, not simply related to variability inherent to the troposphere. To 674 do this we identified a large compendium of SSWs across all of the 40 runs by using the definition 675 of Charlton and Polvani (2007). This yielded a realistic ratio of approximately 0.61 SSWs per 676 year ( $\sim$ 950 in  $\sim$ 1600 years) which should be compared with reanalysis datasets such as the 677 ERA-Interim, which has a ratio of 0.69 (e.g., Butler et al. 2015). These SSW events were then 678 classified as DW and NDW-propagating using a variety of recently-developed DW definitions 679 (Jucker 2016; Runde et al. 2016; Karpechko et al. 2017). 680

681

For the SSWs in general, there is enhanced upward wave activity into the stratosphere from 682 the troposphere, which appears to originate in the middle-to-lower troposphere near 850 hPa 683 (figures 2-6 and 11-14), the lowest level that is considered here. This occurs as a projection of the 684 anomalies onto the climatological centres of action, associated with a deepening of the Aleutian 685 Low and a strengthening of the Siberian High and yielding an enhanced upward wave-1 flux. This 686 upward flux is evident around lags -40 to -30, but intensifies around lag -15, propagating upward 687 from the troposphere and into the stratosphere and likely contributing to the onset of the SSW 688 (e.g., Matsuno 1971; Polvani and Waugh 2004). The enhancement of upward wave-1 activity 689

<sup>690</sup> prior to the onset, followed by the proceeding reduction at later times is in agreement with the <sup>691</sup> observational composites of Limpasuvan et al. (2004) using reanalysis data.

692

A recent study by Birner and Albers (2017) found that SSWs are generally not preceded by 693 lower-tropospheric wave-activity anomalies, but instead caused by the stratosphere 'tapping-in' to 694 the reservoir of tropospheric wave activity below. In particular, they found that only 25% of the 695 SSWs in the ERA-Interim reanalysis were preceded by enhanced lower-tropospheric wave activity 696 and hence for the majority of SSWs, the anomalous upward wave fluxes generally occur in the 697 stratosphere, and not in the troposphere. Here, we note that there is also a statistically-significant 698 enhancement of wave activity even in the lower troposphere if at least 35 events of each type 699 are considered (figure 7). However, given the large amount of internal variability (figure 6), we 700 acknowledge that enhanced lower-tropospheric wave activity alone is not sufficient to predict 701 whether a SSW will be DW or NDW-propagating. 702

703

In the case of DW-propagating SSWs, we find evidence of both significantly enhanced 704 zonal-mean and regional tropospheric precursors, compared to the NDW SSWs. In terms of the 705 zonal-mean, negative NAM anomalies are found to exist in the troposphere prior to the onset 706 date for DW events, with negative DW-NDW differences extending as far back as lag -40 (see 707 figure 1). Zonal-mean precursors were also found previously by a suite of studies (e.g., Gerber 708 et al. 2009; Hitchcock and Haynes 2016; Jucker 2016; Karpechko et al. 2017), all of which 709 utilised model output to identify large numbers of SSWs. In a regional sense, these negative 710 NAM anomalies manifest as changes in the geopotential height (figure 3) and hence upward wave 711 activity (figures 4 and 5) at lower levels and throughout the troposphere and lower stratosphere, 712 which strengthen the wave anomalies already associated with the onset of the SSW. The upward 713

wave activity is particularly strong over Northern Europe and Siberia, with a strengthening of the
 climatological Siberian High under DW events.

716

The enhanced upward wave activity associated with the DW-propagating events gives rise to 717 a significantly weaker Polar Vortex in the middle stratosphere (figures 1, 5 and 6). However, 718 as found by Runde et al. (2016) and despite the strength of the initial anomaly in the middle 719 stratosphere (in their study they used 30 hPa) being stronger, the DW influence of the SSW is more 720 dependent on the SSW anomalies in the lower stratosphere (figure 6b; also in agreement with 721 Christiansen 2005; Gerber et al. 2009; Hitchcock and Simpson 2014; Maycock and Hitchcock 722 2015; Karpechko et al. 2017). However, we note that the initial anomaly in the middle stratosphere 723 may indeed influence the persistence of the SSW anomaly in the lower stratosphere. 724

725

Using a Monte Carlo repeat-sampling procedure we determined the numbers of DW and NDW 726 SSWs that are separately required to obtain the zonal-mean and regional precursors that have 727 been found in this study. Of the three presented variables (see figure 7), the regional Z anomalies 728 averaged over the Siberian High sector yielded the smallest number of required SSWs in order 729 to find statistically significant differences between DW and NDW events. However, in all three 730 cases, the number of SSWs required is more than that which is currently observed in reanalysis 731 datasets to obtain significance even at the 90% level. This may explain why such precursor 732 patterns have not been previously observed in studies using smaller sample sizes. 733

734

To rule out that the DW events were simply related to persistent negative tropospheric NAM events which happened to occur around the time of a SSW and hence manifest as tropospheric precursors, we tested the robustness of our results using a variety of different DW definitions

(Jucker 2016; Runde et al. 2016; Karpechko et al. 2017). Of these definitions, that by Runde 738 et al. (2016) perhaps best ensures an apparent DW propagation from the stratosphere to the lower 739 troposphere, ruling out any events for which the tropospheric NAM was already negative, by 740 looking at the timing and magnitude of the negative NAM (specifically, with the NAM less than 741 a chosen threshold) at each level (section 2c). Nevertheless, the results using the Karpechko 742 et al. (2017) definition, the Runde et al. (2016) definition, and the absolute-criterion definition by 743 Jucker (2016) were all quantitatively similar (figure 8), also giving gravitas to the existence of 744 the identified precursors. However, our results were sensitive to the type of DW definition, with 745 the relative-criterion definition of Jucker (2016) giving opposite-signed results at negative lags. 746 We note that this is related to the lags which are used in each definition; the first three utilise 747 only the NAM at positive lags, whereas the latter uses both positive and negative lags, somewhat 748 precluding the identification of any precursors. Nevertheless, we conclude that our results do 749 show evidence of a robust DW propagation from the middle stratosphere to the troposphere, and 750 hence can negate the idea that the DW SSW events simply coincided with periods of extended 751 negative tropospheric NAM. 752

753

In order to further negate the null hypothesis that differences between DW and NDW events 754 reflect internal tropospheric variability, we compared the SSW composites to composites consist-755 ing of randomly-selected tropospheric events which are independent of the influence of SSWs. 756 These events were selected by removing each SSW event and its surrounding days from the 757 timeseries and then choosing a random day in the remaining winter days to be the central date 758 of the tropospheric event (note that the central date is therefore arbitrary; see section 2c) These 759 tropospheric NAM events were subsequently divided into positive (Tpos) and negative (Tneg) 760 events. In a zonal-mean, the composites for the DW and NDW SSWs and for the Tneg and Tpos 761

random events were remarkably similar (figure 8). However, the regional precursors (figure 9), 762 which were found to be associated with upward wave forcing for the SSW events, were very 763 different for the random composites, instead having a weak, annular structure and indicating 764 an alternative meaning to the precursors. The replicability of the tropospheric zonal-mean 765 NAM at both positive and negative lags using random events based solely on the behaviour 766 of the troposphere, suggests exhibiting caution to just using the NAM to examine the DW 767 influence of a SSW event, as it can conceal much of the regional information that is important 768 for understanding the precursors. Nevertheless, because of the differences in the regional tropo-769 spheric precursors between SSW events and randomly-selected events, we therefore conclude that 770 there is a difference between DW and NDW events aside from just internal tropospheric variability. 771

772

We also examined the evolution of the troposphere and stratosphere associated with split and 773 displacement SSW events. We found that displacements tend to have a longer-term tropospheric 774 influence whereas splits have a more barotropic influence at the onset date (figure 10). Such 775 a barotropic influence is in agreement with the barotropic mode leading to a split SSW (Esler 776 and Scott 2005; Matthewman et al. 2009; Seviour et al. 2016). However, these results disagree 777 with studies by Mitchell et al. (2013), Seviour et al. (2013), O'Callaghan et al. (2014) and 778 Lehtonen and Karpechko (2016) who found that splits have a larger tropospheric influence than 779 displacements in reanalysis data lasting up until lag +60. The disagreement may be related to the 780 differences in sample sizes which is an order of magnitude larger in our study. Indeed, we created 781 composites for each individual experiment (not shown), and in a handful of the 40 ensemble 782 members, composites are qualitatively similar to Mitchell et al. (2013). However, we note that 783 our results are more in agreement with Seviour et al. (2016), who used 13 stratosphere-resolving 784 models from the fifth Coupled Model Intercomparison Project (CMIP5) ensemble and found that 785

<sup>786</sup> despite splits exhibiting a slightly stronger signal over the North Atlantic for up to one month <sup>787</sup> after the SSW, the largest and most significant differences were associated with displacements <sup>788</sup> over Siberia. We note that our results therefore, are also slightly in disagreement with Maycock <sup>789</sup> and Hitchcock (2015) and Karpechko et al. (2017), who in their large ensemble of SSWs obtained <sup>790</sup> from a chemistry-climate model, instead found indistinguishable differences between the two <sup>791</sup> types of events.

792

Despite the splits and displacements being associated with enhanced upward wave-2 and wave-1 forcing respectively (e.g., Andrews et al. 1987; Nakagawa and Yamazaki 2006; Liu et al. 2014; Lehtonen and Karpechko 2016), we also found that those splits and displacements which propagate DW to the troposphere are associated with even further enhanced wave-1 fluxes as compared to NDW-propagating events. As was the case with the general SSWs, evidence of this anomalous wave forcing was seen in the middle-to-lower troposphere.

799

As shown in our paper, the strength of the underlying tropospheric wave forcing, related to 800 non-zonal wave precursors, and consequently the strength of the polar vortex, influences whether 801 a SSW event will be DW or NDW-propagating. These precursors may allow predictability of 802 whether a SSW event will be DW or NDW propagating to be possible up to a few weeks before 803 the onset, although given the large amount of internal variability associated with the tropospheric 804 wave flux (figure 6a), we note that it is difficult to know for what given wave forcing, a DW SSW 805 may occur. Currently, we are investigating whether there is indeed any potential for predictability 806 of DW or of NDW events in advance of a particular season, and hence aid in seasonal forecasting, 807 and we plan to discuss these results in a future publication. We also note that our results are only 808 based on the output from one model (GEOSCCM) and hence, the precursors which we here find 809

<sup>810</sup> must be verified using observations as well as other models.

811

Acknowledgments. We wish to thank useful conversations with Hella Garny, Alexey Karpechko and Amanda Maycock. We also acknowledge the support of a European Research Council starting grant under the European Union Horizon 2020 research and innovation programme (grant agreement number 677756).

### **References**

- Andrews, D. G., J. R. Holton, and C. B. Leovy, 1987: *Middle Atmosphere Dynamics*. Academic Press, 489 pp.
- Andrews, D. G., and M. E. McIntyre, 1978: Generalized Eliassen-Palm and Charney-Drazin theorems for waves on axisymmetric mean flows in compressible atmospheres. *J. Atmos. Sci.*, **35**, 175–185.
- Aquila, V., W. H. Swartz, D. W. Waugh, P. R. Colarco, S. Pawson, L. M. Polvani, R. S. Stolarski, and D. W. Waugh, 2016: Isolating the roles of different forcing agents in global stratospheric temperature changes using model integrations with incrementally added single forcings. *J. Geo-*
- *phys. Res. Atmos.*, **121**, 8067–8082.
- Baldwin, M. P., and T. J. Dunkerton, 2001: Stratospheric harbingers of anomalous weather regimes. *Science*, **294**, 581–584.
- Bao, M., D. L. Hartmann, and P. Ceppi, 2017: Classifying the tropospheric precursor patterns of
   sudden stratospheric warmings. *Geophys. Res. Lett.*, 44.
- Birner, T., and J. R. Albers, 2017: Sudden stratospheric warmings and anomalous upward wave activity flux. *Sci. Onl. Lett. Atmos.*, **13A**, 8–12.

- Black, R. X., and B. A. McDaniel, 2004: Diagnostic case studies of the northern annular mode. *J. Clim.*, **17**, 3990–4004.
- <sup>834</sup> Butler, A. H., D. J. Seidel, S. C. Hardiman, N. Butchart, T. Birner, and A. Match, 2015: Defining <sup>835</sup> sudden stratospheric warmings. *Bull. Amer. Meteor. Soc.*, **96**, 1913–1928.
- <sup>836</sup> Charlton, A. J., and L. M. Polvani, 2007: A new look at stratospheric sudden warmings. Part I:
  <sup>837</sup> Climatology and modeling benchmarks. *J. Clim.*, **20**, 449–469.
- <sup>838</sup> Charney, J. G., and P. G. Drazin, 1961: Propagation of planetary scale disturbances from the lower <sup>839</sup> into the upper atmopshere. *J. Geophys. Res.*, **66** (1), 83–109.
- <sup>840</sup> Christiansen, B., 2005: Downward propagation and statistical forecast of the near-surface weather.
  <sup>841</sup> J. Geophys. Res., 110 (D14104).
- <sup>842</sup> Cohen, J., and J. Jones, 2011: Tropospheric precursors and stratospheric warmings. *J. Clim.*, 24,
  <sup>843</sup> 6562–6572.
- <sup>844</sup> Dai, Y., and B. Tan, 2016: The western pacific pattern precursor of major stratospheric sud-<sup>845</sup> den warmings and the ENSO modulation. *Env. Res. Lett.*, **11 (12)**, URL http://stacks.iop.org/ <sup>846</sup> 1748-9326/11/i=12/a=124032.
- Esler, J. G., and R. K. Scott, 2005: Excitation of transient rossby waves on the stratospheric polar
  vortex and the barotropic sudden warming. *J. Atmos. Sci.*, **62**, 3661–3682.
- Garfinkel, C. I., A. Gordon, L. Oman, F. Li, S. Davis, and S. Pawson, 2017: Nonlinear response of
   tropical lower stratospheric temperature and water vapor to ENSO. *Atmos. Chem. Phys. Disc.*,
   Accepted.
- <sup>852</sup> Garfinkel, C. I., D. L. Hartmann, and F. Sassi, 2010: Tropospheric precursors of anomalous north-
- ern hemisphere stratospheric polar vortices. J. Clim., **23**, 3282–3299.

- <sup>854</sup> Garfinkel, C. I., and C. Schwartz, 2017: MJO-related tropical convection anomalies lead to more
   <sup>855</sup> accurate stratospheric vortex variability in subseasonal forecast models. *Geophys. Res. Lett.*, 44,
   <sup>856</sup> 10 054–10 062.
- Garfinkel, C. I., D. W. Waugh, and L. M. Polvani, 2015: Recent hadley cell expansion: The role
   of internal atmospheric variability in reconciling modeled and observed trends. *Geophys. Res. Lett.*, 42, 10824–10831.
- Gerber, E. P., C. Orbe, and L. P. Polvani, 2009: Stratospheric influence on the tropospheric circulation revealed by idealized ensemble forecasts. *Geophys. Res. Lett.*, 36.
- Gerber, E. P., and Coauthors, 2010: Stratosphere-troposphere coupling and annular mode variability in chemistry-climate models. *J. Geophys. Res. Atmos.*, 115.
- Hitchcock, P., and P. H. Haynes, 2016: Stratospheric control of planetary waves. *Geophys. Res. Lett.*, 43, 11884–11892.
- Hitchcock, P., T. G. Shepherd, and G. L. Manney, 2013: Statistical characterization of arctic polarnight jet oscillation events. *J. Atmos. Sci.*, 26, 20962116.
- Hitchcock, P., and I. R. Simpson, 2014: The downward influence of stratospheric sudden warmings. J. Atmos. Sci., 71, 3856–3876.
- Jucker, M., 2016: Are sudden stratospheric warmings generic? insights from an idealized gcm. *J. Atmos. Sci.*, **73**, 5061–5080.
- Karpechko, A. Y., P. Hitchcock, D. H. W. Peters, and A. Schneidereit, 2017: Predictability of
  downward propagation of major sudden stratospheric warmings. *Q.J.R. Meteorol. Soc.*, 143,
  1459–1470.

- <sup>875</sup> Kidston, J., A. A. Scaife, S. C. Hardiman, D. M. Mitchell, N. Butchart, M. P. Baldwin, and
  <sup>876</sup> L. J. Gray, 2015: Stratospheric influence on tropospheric jet streams, storm tracks and surface
  <sup>877</sup> weather. *Nat. Geos.*, **8**, 433–440.
- Kodera, K., H. Mukougawa, P. Maury, M. Ueda, and C. Claud, 2016: Absorbing and reflect-
- <sup>879</sup> ing sudden stratospheric warming events and their relationship with tropospheric circulation. *J.*<sup>880</sup> *Geophys. Res. Atmos.*, **121**, 80–94.
- Lehtonen, I., and A. Y. Karpechko, 2016: Observed and modeled tropospheric cold anomalies associated with sudden stratospheric warmings. *J. Geophys. Res. Atmos.*, **121**, 1591–1610.
- Limpasuvan, V., D. W. Thompson, and D. L. Hartmann, 2004: The life cycle of the northern
   hemisphere sudden stratospheric warmings. *J. Clim.*, 17, 2584–2596.
- Liu, C., K.-F. Tian, G. L. Manney, N. J. Livesey, Y. L. Yung, and D. E. Waliser, 2014: Northern
   hemisphere mid-winter vortex-displacement and vortex-split stratospheric sudden warmings:
   Influence of the Madden-Julian Oscillation and Quasi-Biennial Oscillation. *J. Geophys. Res. Atmos.*, **119**, 12,59912,620.
- Marshall, A. G., and A. A. Scaife, 2010: Improved predictability of stratospheric sudden warming
   events in an atmospheric general circulation model with enhanced stratospheric resolution. *J. Geophys. Res.*, 115 (D16114).
- Martineau, P., and S.-W. Son, 2013: Planetary-scale wave activity as a source of varying tropo spheric response to stratospheric sudden warming events: A case study. *J. Geophys. Res. Atmos*,
   118, 10 994–11 006.
- Martineau, P., and S.-W. Son, 2015: Onset of circulation anomalies during stratospheric vortex weakening events: The role of planetary-scale waves. *J. Clim.*, **28**, 7347–7370.

- Martius, O., L. M. Polvani, and H. C. Davies, 2009: Blocking precursors to stratospheric sudden warming events. *Geophys. Res. Lett.*, **36** (L14806).
- Matsuno, T., 1971: A dynamical model of the stratospheric sudden warming. J. Atmos. Sci., 28,
   1479–1494.
- Matthewman, N. J., J. G. Esler, A. J. Charlton-Perez, and L. M. Polvani, 2009: A new look at
   stratospheric sudden warmings. Part III: Polar vortex evolution and vertical structure. *J. Clim.*,
   22, 1566–1585.
- <sup>904</sup> Maycock, A. C., and P. Hitchcock, 2015: Do split and displacement sudden stratospheric warm-<sup>905</sup> ings have different annular mode signatures? *Geophys. Res. Lett.*, **42**, 10943–10951.
- Mitchell, D., L. J. Gray, J. A. Anstey, M. P. Baldwin, and A. J. Charlton-Perez, 2013: The influence
   of stratospheric vortex displacements and splits on surface climate. *J. Clim.*, 26, 2668–2682.
- Molod, A., M. Takacs, M. Suarez, J. Bacmeister, I.-S. Song, and A. Eichmann, 2012: The geos-5
  atmospheric general circulation model: Mean climate and development from merra to fortuna:
  Tech. rep. ser. on global model. and data assimilation. Tech. rep., Nat. Aeronautics and Space
  Admin., Goddard Space Flight Cent., Greenbelt, Md.
- Nakagawa, K. I., and K. Yamazaki, 2006: What kind of stratospheric sudden warming propagates
  to the troposphere? *Geophys. Res. Lett.*, 33 (L04801).
- Nishii, K., H. Nakamura, and Y. Orsolini, 2010: Cooling of the wintertime arctic stratosphere
  induced by the western pacific teleconnection pattern. *Geophys. Res. Lett.*, 37 (L13805).
- <sup>916</sup> O'Callaghan, A., M. Joshi, D. Stevens, and D. Mitchell, 2014: The effects of different sudden <sup>917</sup> stratospheric warming types on the ocean. *Geophys. Res. Lett.*, **41**, 7739–7745.

- Pawson, S., R. S. Stolarski, A. R. Douglass, P. A. Newman, J. E. Nielsen, S. M. Frith, and M. L.
   <sup>919</sup> Gupta, 2008: Earth observing system chemistry-climate model simulations of stratospheric
   <sup>920</sup> ozone-temperature coupling between 1950 and 2005. *J. Geophys. Res. Atmos*, **113** (**D12103**).
- Plumb, R. A., 1985: On the three-dimensional propagation of stationary waves. *J. Atmos. Sci.*, **42**, 217–229.
- Polvani, L. M., and P. Kushner, 2002: Tropospheric response to stratospheric perturbations in a
   relatively simple general circulation model. *Geophys. Res. Lett.*, **29** (7).
- Polvani, L. M., and D. W. Waugh, 2004: Upward wave activity flux as a precursor to extreme
   stratospheric events and subsequent anomalous surface weather regimes. J. Clim., 17 (18),
   3548–3554.
- Rienecker, M. M., and Coauthors, 2008: The GEOS-5 data assimilation system documentation of
   versions 5.0.1, 5.1.0, and 5.2.0. *Technical Report Series on Global Modeling and Data Assimilation*, 27, 347–367.
- <sup>931</sup> Runde, T., M. Dameris, H. Garny, and D. E. Kinnison, 2016: Classification of stratospheric ex treme events according to their downward propagation to the troposphere. *Geophys. Res. Lett.*,
   <sup>933</sup> 43, 6665–6672.
- Scaife, A. A., and Coauthors, 2012: Climate change projections and stratosphere-troposphere
   interaction. *Clim. Dyn.*, **38**, 2089–2097.
- Seviour, W. J. M., L. J. Gray, and D. M. Mitchell, 2016: Stratospheric polar vortex splits and
   displacements in the high-top CMIP5 climate models. *J. Geophys. Res. Atmos.*, **121**, 1400–
   1413.

- Seviour, W. J. M., D. M. Mitchell, and L. J. Gray, 2013: A practical method to identify displaced
   and split stratospheric polar vortex events. *Geophys. Res. Lett.*, 40, 5268–5273.
- Sigmond, M., J. F. Scinocca, V. V. Kharin, and T. G. Shepherd, 2013: Enhanced seasonal forecast
  skill following stratospheric sudden warmings. *Nat. Geosci.*, 6, 98–102.
- <sup>943</sup> Sjoberg, J. P., and T. Birner, 2012: Transient tropospheric forcing of sudden stratospheric warm-<sup>944</sup> ings. *J. Atmos. Sci.*, **69**, 3420–3432.
- Smith, D., A. A. Scaife, and B. Kirtman, 2012: What is the current state of scientific knowledge
  with regard to seasonal and decadal forecasting? *Env. Res. Lett.*, 7 (015602).
- Thompson, D. W. J., M. P. Baldwin, and J. M. Wallace, 2002: Stratospheric connection to northern
  hemisphere wintertime weather: Implications for prediction. *J. Climate.*, 15, 1421–1428.
- Tomassini, L., E. P. Gerber, M. P. Baldwin, F. Bunzel, and M. J. Giorgetta, 2012: The role of
  stratosphere-troposphere coupling in the occurrence of extreme winter cold spells over northern
  europe. J. Adv. Model. Earth Syst., 4.
- Tripathi, O. P., and Coauthors, 2014: The predictability of the extratropical stratosphere on
   monthly time-scales and its impact on the skill of tropospheric forecasts. *Q. J. R. Meteorol. Soc.*, 141, 987–1003.

# 955 LIST OF TABLES

| 956 | Table 1. | Table showing the number of SSWs according to the two main SSW definitions         |
|-----|----------|--|
| 957 |          | used in this study; the wind reversal criterion at 60°N, 10 hPa (Charlton and      |
| 958 |          | Polvani 2007), and the 2-D vortex moments to identify split and displacement       |
| 959 |          | events (Seviour et al. 2013). Also included are the total number of DW and         |
| 960 |          | NDW SSW events calculated using the definitions of Karpechko et al. (2017),        |
| 961 |          | Runde et al. (2016), and the absolute-criterion and relative-criterion definitions |
| 962 |          | of Jucker (2016). See text for further details                                     |

| Karpechko et al. (2017)                         |        |               |             |               |        |               |  |
|---|--------|---------------|-------------|---------------|--------|---------------|--|
| Method  | Total  |               | DW          |               | NDW    |               |  |
| Charlton and<br>Polvani (2007)<br>Wind Reversal |        | 962           | 506         |               | 456    |               |  |
|   | Splits | Displacements | Splits      | Displacements | Splits | Displacements |  |
| Seviour et al. (2013)<br>2-D Moments            | 400    | 500           | 191         | 280           | 209    | 220           |  |
|   |        | Runde         | e et al. (2 | 2016)         |        |               |  |
| Method  |        | Total         |             | DW            | NDW    |               |  |
| Charlton and<br>Polvani (2007)<br>Wind Reversal | 962    |               | 962 418     |               | 544    |               |  |
|   | Splits | Displacements | Splits      | Displacements | Splits | Displacements |  |
| Seviour et al. (2013)<br>2-D Moments            | 400    | 500           | 148         | 239           | 252    | 261           |  |
| Jucker (2016) – Absolute Criterion              |        |               |             |               |        |               |  |
| Method  |        | Total         | DW          |               | NDW    |               |  |
| Charlton and<br>Polvani (2007)<br>Wind Reversal |        | 962 370       |             | 370           |        | 592           |  |
|   | Splits | Displacements | Splits      | Displacements | Splits | Displacements |  |
| Seviour et al. (2013)<br>2-D Moments            | 400    | 500           | 135         | 190           | 265    | 310           |  |
| Jucker (2016) – Relative Criterion              |        |               |             |               |        |               |  |
| Method Total                                    |        | Total         | DW          |               | NDW    |               |  |
| Charlton and<br>Polvani (2007)<br>Wind Reversal |        | 962 536       |             | 962 536 4     |        | 426           |  |
|   | Splits | Displacements | Splits      | Displacements | Splits | Displacements |  |
| Seviour et al. (2013)<br>2-D Moments            | 400    | 500           | 187         | 288           | 213    | 212           |  |

TABLE 1. Table showing the number of SSWs according to the two main SSW definitions used in this study; the wind reversal criterion at 60°N, 10 hPa (Charlton and Polvani 2007), and the 2-D vortex moments to identify split and displacement events (Seviour et al. 2013). Also included are the total number of DW and NDW SSW events calculated using the definitions of Karpechko et al. (2017), Runde et al. (2016), and the absolute-criterion and relative-criterion definitions of Jucker (2016). See text for further details.

#### LIST OF FIGURES 968

| 969<br>970<br>971<br>972<br>973<br>974                               | Fig. 1. | The composite evolution of the NAM index for (a) all SSWs calculated in the entire ensemble of integrations; (b) DW-propagating SSWs calculated using the Karpechko et al. (2017) criteria (see section c); (c) same as (b) except for NDW-propagating SSW events; and (d) the composite difference between the DW- and NDW-propagating events (DW-NDW). The units are in standard deviations. The thick black line in (d) represents statistical significance at the 95% level.   | 49   |
|--|---------|--|------|
| 975<br>976<br>977<br>978<br>979                                      | Fig. 2. | Same as figure 1 except for the anomalous vertical component of the Eliassen-Palm flux, $F^{(z)}$ (see text), averaged over the latitude band of 45-75°N and filtered for planetary waves 1 and 2. $F^{(z)}$ has units of kg s <sup>-2</sup> . The dashed vertical lines represent the start and end of the different lag stages used throughout the remainder of the manuscript (see text). The dashed line corresponding to zero lag has a double thickness for clarity.   | . 50 |
| 980<br>981<br>982<br>983<br>984                                      | Fig. 3. | Geopotential height Z anomalies (shading; units $m$ ) at 850 hPa, averaged over the (top row) PC stage, (middle row) ONS stage and (bottom row) REC stage, and composited over: (left column) DW events; (middle column) NDW events; (right column) DW-NDW differences. Green contours show the Nov-Feb climatology calculated as the average over all of the 40 experiments with a contour interval of 15 m. The thick black line is as in figure 1   | . 51 |
| 985<br>986<br>987  | Fig. 4. | Same as figure 3, except for the anomalous vertical component of the Plumb flux $(F_p^{(z)})$ ; see text) at 150 hPa. Green contours represent the climatology with a contour interval of 0.002 m <sup>2</sup> s <sup>-2</sup> .   | . 52 |
| 988<br>989<br>990<br>991   | Fig. 5. | Same as figure 3 except for the longitude-height cross-sections of $Z'$ (i.e., deviation from the zonal-mean) averaged over the latitude band 50-60°N. The units are in $m$ . Thin black contours show the Nov-Feb climatology calculated as the average over all of the 40 experiments with contours at -650,-550,,550,650 m.   | . 53 |
| 992<br>993<br>994<br>995<br>996<br>997<br>998<br>999<br>1000         | Fig. 6. | Scatter plots of (a) the EP flux $F^{(z)}$ at 100 hPa averaged over lags -15 to -1, against the NAM index at 10 hPa averaged over lags +1 to +10, and (b) $\bar{u}$ at 150 hPa and averaged over 50-80°N and lags +1 to +40 against the NAM index at 850 hPa averaged over lags +1 to +40. Blue (green) diamonds, lines and squares represent, respectively, individual DW (NDW) SSW events, the corresponding lines of best fit, and the overall composite averages. The rDW (pDW), rNDW (pNDW) and r (p) represent the correlation coefficients and p-values for the DW events, NDW events, and total, respectively. In (a), the R <sup>2</sup> value for the DW and NDW events are 0.36 and 0.32, and in (b), the R <sup>2</sup> values are 0.39 and 0.37. Note that the DW and NDW events in (a) have been determined using the Karpechko et al. (2017) definition, whereas in (b) they are calculated using the absolute-criterion definition of Jucker (2016). | . 54 |
| 1002<br>1003<br>1004<br>1005<br>1006<br>1007<br>1008<br>1009<br>1010 | Fig. 7. | Confidence intervals for the difference (DW-NDW) of (a) the NAM index averaged over lags -25 to -1 and at 300 hPa, (b) $F^{(z)}$ anomalies filtered for waves 1-2 and area-averaged over 45-75°N, and (c) Z anomalies at 850 hPa averaged over 50-80°N, 30-90°E and over lags -25 to -1. The confidence intervals are estimated using a Monte Carlo simulation of 100,000 repetitions for different sample sizes ranging from 10 to 455. The red, green and blue curves represent the 90%, 95% and 99% confidence intervals, and the respective coloured vertical dotted lines represent the sample size for which the upper bound crosses zero (indicated by the dashed black line). The dotted black line represents the overall DW-NDW composite over all DW and NDW events, as shown in figures 1-3, respectively.   | . 55 |
| 1011<br>1012   | Fig. 8. | NAM index at 500 hPa composited over (a) DW events, (b) NDW events, and (c) DW-NDW differences, for the four DW definitions introduced in section 2 c: red, dark blue, green   |      |

| 1013<br>1014<br>1015<br>1016<br>1017 |          | and black lines represent the NAM index for the Karpechko et al. (2017) definition, Runde et al. (2016) definition, and absolute- and relative-criterion definitions of Jucker (2016), respectively. There is also an additional cyan line representing the NAM index found using a random selection of tropospheric NAM events (see text). The thick lines represent statistical significance at the 95% level. | 56 |
|--------------------------------------|----------|--|----|
| 1018<br>1019<br>1020<br>1021<br>1022 | Fig. 9.  | Z anomalies at 850 hPa averaged over the PC stage (lags -25 to -5) for the (a) DW SSWs composite, (b) Tneg events composite, (c) DW-Tneg difference, (d) NDW SSWs composite, (e) Tpos events composite, and (f) NDW-Tpos difference. See figure 3 for details on the shading and different contours. Note that panels (a) and (d) are repeated from panels (a) and (b) in figure 3.                              | 57 |
| 1023<br>1024<br>1025<br>1026<br>1027 | Fig. 10. | Composite evolution of the NAM index divided into displacements (left column) and splits (middle column) and subdivided further into the total (top row), DW-propagating (middle row) and NDW-propagating (bottom row). The right column shows the Disp-Split (top), DW-NDW displacements (middle), and DW-NDW splits (DW-NDW). See figure 1 for further details on shading and different contours.              | 58 |
| 1028<br>1029<br>1030                 | Fig. 11. | As in figure 3, except for Z at 850 hPa for the displacement SSWs. Note that the green contours show the climatological Z filtered only for wave-1 and with a contour interval of $10 \text{ m.}$  | 59 |
| 1031<br>1032                         | Fig. 12. | As in figure 3, except for split SSWs, and the green contours showing the climatological $Z'$ filtered only for wave-2 and with a contour interval of 10 m   | 60 |
| 1033<br>1034<br>1035<br>1036         | Fig. 13. | Height-time plot of $F_z$ averaged over 45-75°N, for the displacement SSWs composited over (left column) DW events, (middle) NDW events and (right) DW-NDW difference. Top row shows $F_z$ for wave-1 and bottom row shows $F_z$ for wave-2. Thick black contour in the difference plots represent statistical significance at the 95% level.  | 61 |
| 1037                                 | Fig. 14. | As in figure 13, except for split SSWs   | 62 |



FIG. 1. The composite evolution of the NAM index for (a) all SSWs calculated in the entire ensemble of integrations; (b) DW-propagating SSWs calculated using the Karpechko et al. (2017) criteria (see section c); (c) same as (b) except for NDW-propagating SSW events; and (d) the composite difference between the DWand NDW-propagating events (DW-NDW). The units are in standard deviations. The thick black line in (d) represents statistical significance at the 95% level.



<sup>1043</sup> FIG. 2. Same as figure 1 except for the anomalous vertical component of the Eliassen-Palm flux,  $F^{(z)}$  (see <sup>1044</sup> text), averaged over the latitude band of 45-75°N and filtered for planetary waves 1 and 2.  $F^{(z)}$  has units of <sup>1045</sup> kg s<sup>-2</sup>. The dashed vertical lines represent the start and end of the different lag stages used throughout the <sup>1046</sup> remainder of the manuscript (see text). The dashed line corresponding to zero lag has a double thickness for <sup>1047</sup> clarity.



FIG. 3. Geopotential height *Z* anomalies (shading; units *m*) at 850 hPa, averaged over the (top row) PC stage, (middle row) ONS stage and (bottom row) REC stage, and composited over: (left column) DW events; (middle column) NDW events; (right column) DW-NDW differences. Green contours show the Nov-Feb climatology calculated as the average over all of the 40 experiments with a contour interval of 15 m. The thick black line is as in figure 1.



<sup>1053</sup> FIG. 4. Same as figure 3, except for the anomalous vertical component of the Plumb flux  $(F_p^{(z)};$  see text) at <sup>1054</sup> 150 hPa. Green contours represent the climatology with a contour interval of 0.002 m<sup>2</sup> s<sup>-2</sup>.



FIG. 5. Same as figure 3 except for the longitude-height cross-sections of Z' (i.e., deviation from the zonalmean) averaged over the latitude band 50-60°N. The units are in *m*. Thin black contours show the Nov-Feb climatology calculated as the average over all of the 40 experiments with contours at -650,-550,...,550,650 m.



FIG. 6. Scatter plots of (a) the EP flux  $F^{(z)}$  at 100 hPa averaged over lags -15 to -1, against the NAM index at 1058 10 hPa averaged over lags +1 to +10, and (b)  $\overline{u}$  at 150 hPa and averaged over 50-80°N and lags +1 to +40 against 1059 the NAM index at 850 hPa averaged over lags +1 to +40. Blue (green) diamonds, lines and squares represent, 1060 respectively, individual DW (NDW) SSW events, the corresponding lines of best fit, and the overall composite 1061 averages. The rDW (pDW), rNDW (pNDW) and r (p) represent the correlation coefficients and p-values for the 1062 DW events, NDW events, and total, respectively. In (a), the R<sup>2</sup> value for the DW and NDW events are 0.36 and 1063 0.32, and in (b), the R<sup>2</sup> values are 0.39 and 0.37. Note that the DW and NDW events in (a) have been determined 1064 using the Karpechko et al. (2017) definition, whereas in (b) they are calculated using the absolute-criterion 1065 definition of Jucker (2016). 1066



FIG. 7. Confidence intervals for the difference (DW-NDW) of (a) the NAM index averaged over lags -25 to -1 1067 and at 300 hPa, (b)  $F^{(z)}$  anomalies filtered for waves 1-2 and area-averaged over 45-75°N, and (c) Z anomalies 1068 at 850 hPa averaged over 50-80°N, 30-90°E and over lags -25 to -1. The confidence intervals are estimated 1069 using a Monte Carlo simulation of 100,000 repetitions for different sample sizes ranging from 10 to 455. The 1070 red, green and blue curves represent the 90%, 95% and 99% confidence intervals, and the respective coloured 1071 vertical dotted lines represent the sample size for which the upper bound crosses zero (indicated by the dashed 1072 black line). The dotted black line represents the overall DW-NDW composite over all DW and NDW events, as 1073 shown in figures 1-3, respectively. 1074



FIG. 8. NAM index at 500 hPa composited over (a) DW events, (b) NDW events, and (c) DW-NDW differences, for the four DW definitions introduced in section 2 c: red, dark blue, green and black lines represent the NAM index for the Karpechko et al. (2017) definition, Runde et al. (2016) definition, and absolute- and relative-criterion definitions of Jucker (2016), respectively. There is also an additional cyan line representing the NAM index found using a random selection of tropospheric NAM events (see text). The thick lines represent statistical significance at the 95% level.



FIG. 9. Z anomalies at 850 hPa averaged over the PC stage (lags -25 to -5) for the (a) DW SSWs composite, (b) Tneg events composite, (c) DW-Tneg difference, (d) NDW SSWs composite, (e) Tpos events composite, and (f) NDW-Tpos difference. See figure 3 for details on the shading and different contours. Note that panels (a) and (d) are repeated from panels (a) and (b) in figure 3.



FIG. 10. Composite evolution of the NAM index divided into displacements (left column) and splits (middle column) and subdivided further into the total (top row), DW-propagating (middle row) and NDW-propagating (bottom row). The right column shows the Disp-Split (top), DW-NDW displacements (middle), and DW-NDW splits (DW-NDW). See figure 1 for further details on shading and different contours.



FIG. 11. As in figure 3, except for Z at 850 hPa for the displacement SSWs. Note that the green contours show the climatological Z filtered only for wave-1 and with a contour interval of 10 m.



FIG. 12. As in figure 3, except for split SSWs, and the green contours showing the climatological Z' filtered only for wave-2 and with a contour interval of 10 m.



FIG. 13. Height-time plot of  $F_z$  averaged over 45-75°N, for the displacement SSWs composited over (left column) DW events, (middle) NDW events and (right) DW-NDW difference. Top row shows  $F_z$  for wave-1 and bottom row shows  $F_z$  for wave-2. Thick black contour in the difference plots represent statistical significance at the 95% level.



FIG. 14. As in figure 13, except for split SSWs.