Data-driven Stroke Rehabilitation Using Machine Learning

Carlos Fernandez-Granda (NYU Courant Institute and Center for Data Science)

Joint work with Aakash Kaku (NYU Center for Data Science), Avinash Parnandi ,Heidi Schambra, Anita Venkatesan (NYU School of Medicine)

Work supported by NIH R01 LM013316

Stroke and the brain



Post-stroke recovery

Pre-stroke function



Time after stroke ----->

Stroke is the LEADING CAUSE of disability in the US



Broderick 2004 Stroke

Stroke and the arm

Stroke affects the arm in 77% of patients

At 6 months, motor impairment still limits activities in 80% of patients

Spasticity Abnormal control

Motor Impairment

Approaches to improving recovery



Primary role of upper extremities in humans: act on objects

Functional UE movements have 4 components:

- 1. Reach
- 2. Contact (grasp/touch)
- 3. Object-specific action
- 4. Release



Birkenmeier 2010 NNR



How much should we be dosing our patients?

Animals require 200-1000 reps/day to recover



Bell 2015 NNR

MacLellan 2011 NNR

What actually happens in stroke rehab?





Functional arm movements

- In only 51% of therapy sessions
- In these, 32 reps/session (range 1-420)

We are likely under-dosing our patients by 10x

Measuring training dose is tough



Motion capture systems





Activity monitors



Automatic identification

3D motion capture with wearable sensors + Machine learning

Automatic identification



Motion capture: inertial measurement units (IMUs)



3D linear and angular motion High precision East to wear No occlusion

- 100 Hz capture
- Record up to 10 h
- Transmit up to 150 m

Motion capture in reality



Machine learning

1. Gather data

2. Label the data

3. Build a model mapping data to labels

4. Apply the model on new data

Gather data











Data



Label data







"rest"

"reach"

"transport"

1 min video = 1 hour labeling

Build a model

A model is a function that maps data to labels

How do we build the function?

Change it until the error is small

Toy example

Data: Real numbers

Labels: 0 or 1





Logistic function shifted by t

Model



Logistic function shifted by t





Error as a function of t



How to get to minimum

In real problems, we need to fit many parameters (not just one)

Data are multidimensional (not 1D)

Computing error for all possible values of the data is impossible!

How can we make progress?





Descent method

Move in the direction opposite to the derivative until it's zero

New t = old t – constant * derivative at t

Constant controls how fast we move























Step 10





Step 15









