# CONCENTRATION INEQUALITIES FOR POLYNOMIALS OF CONTRACTING ISING MODELS

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ABSTRACT. We study the concentration of a degree-d polynomial of the N spins of a general Ising model, in the regime where single-site Glauber dynamics is contracting. For d = 1, Gaussian concentration was shown by Marton (1996) and Samson (2000) as a special case of concentration for convex Lipschitz functions, and extended to a variety of related settings by e.g., Chazottes *et al.* (2007) and Kontorovich and Ramanan (2008). For d = 2, exponential concentration was shown by Marton (2003) on lattices. We treat a general fixed degree d with O(1) coefficients, and show that the polynomial has variance  $O(N^d)$  and, after rescaling it by  $N^{-d/2}$ , its tail probabilities decay as  $\exp(-cr^{2/d})$  for deviations of  $r \geq C \log N$ .

## 1. INTRODUCTION

Concentration of measure for functions of random fields has been extensively studied (see, e.g., [8]). A prototypical example for a system where the underlying variables are weakly dependent is the high-temperature Ising model. The model, in its most general form without an external magnetic field, is a probability measure over configurations  $\sigma \in \Omega_N := \{\pm 1\}^N$  (assigning spins to the sites  $\{1, \ldots, N\}$ ), defined as follows: for a set of coupling interactions  $\{J_{ij}\}_{1 \le i,j \le N}$ , the corresponding Ising distribution  $\pi$  is given by

$$\pi(\sigma) = \mathcal{Z}^{-1} \exp\left[-H(\sigma)\right] \quad \text{where} \quad H(\sigma) = -\sum_{i,j} J_{ij} \sigma_i \sigma_j \,,$$

in which  $\mathcal{Z}$  (the partition function) is a normalizer. For general  $\{J_{ij}\}$  this includes ferromagnetic/anti-ferromagnetic models, and spin-glass systems on arbitrary graphs.

The Gaussian concentration of functions  $f: \Omega_N \to \mathbb{R}$  in the high temperature regime has been studied both using analytical methods, adapting tools from the analysis of product spaces to the setting of weakly dependent random variables (see, e.g., [7, 12]), and using probabilistic tools such as coupling (cf. [1]). In the presence of arbitrary couplings  $\{J_{ij}\}$ , our hypothesis for capturing the high-temperature behavior of the model will be be based on contraction, as in the related works on concentration inequalities in [1, 10, 11, 13], and closely related to the Dobrushin uniqueness condition in [7].

**Definition.** We say an Ising spin system  $\pi$  is  $\theta$ -contracting if there exists a single-site discrete-time Markov chain  $(X_t)$  with stationary measure  $\pi$  that is  $\theta$ -contracting, i.e.,

$$\max_{\sigma,\sigma': \|\sigma-\sigma'\|_1=1} W_1\Big(\mathbb{P}_{\sigma}(X_1 \in \cdot), \mathbb{P}_{\sigma'}(X_1 \in \cdot)\Big) \le \theta < 1,$$

where  $W_1(\mu, \nu) := \inf \{ \mathbb{E}[||X - Y||_1] : (X, Y) \sim (\mu, \nu) \}$  is the L<sup>1</sup>-Wasserstein distance, and  $\mathbb{P}_{\sigma}$  denotes the probability starting from an initial state  $\sigma$ .

The discrete-time heat-bath Glauber dynamics for the Ising model is the chain that, at every step, updates the spin of a uniformly chosen spin i via  $\mathbb{P}_{\pi}(\sigma_i \in \cdot \mid \sigma \upharpoonright_{\{1,\dots,N\}\setminus\{i\}})$ .

It is well-known that, for the Ising model with interactions  $J_{ij}$ , if  $\max_i \sum_j |J_{ij}| \le 1 - \alpha$ , then the corresponding single-site heat-bath Glauber dynamics is  $\theta$ -contracting with  $\theta = 1 - \alpha/N$ , a concrete case where our results apply (see, e.g., [4, §8] and [9, §14.2]).

In this case, for linear functions  $f(\sigma) = \sum_i a_i \sigma_i$ , it is known, as a special case of results of Marton [11] regarding Gaussian concentration for Lipschitz functions (see also [13] as well as [1, 6, 7, 10]) that there exists  $c = c(a_1, \ldots, a_N, \alpha) > 0$  such that,

$$\mathbb{P}(|f - \mathbb{E}_{\pi}(f)| \ge u\sqrt{N}) \le \exp(-cu^2)$$

For bilinear forms, where  $f(\sigma) = \sum_{ij} a_{ij} \sigma_i \sigma_j$ , Marton [12] showed that on lattices

$$\mathbb{P}(|f - \mathbb{E}_{\pi}(f)| \ge uN) \le \exp(-cu),$$

whereas Daskalakis *et al.* [3] showed that, for a general Ising model, in a subset of this regime (contraction as above with  $\alpha > \frac{3}{4}$  vs. any  $\alpha > 0$ ),  $\operatorname{Var}_{\pi}(f) = O(N^2 \log^3 N)$ .

Our main result recovers the correct variance and, up to a polynomial pre-factor, the tail probabilities for a polynomial of any fixed degree d (for matching lower bounds, one can take, for instance, the d-th power of the magnetization  $f(\sigma) = \sum_{i} \sigma_{i}$ ).

**Theorem 1.** For every  $\alpha, d > 0$  there exists  $C(\alpha, d) > 0$  so that the following holds. Let  $\pi$  be the distribution of the Ising model on N spins with couplings  $\{J_{ij}\}$  satisfying

$$\sum_{j:j\sim i} |J_{ij}| \le 1 - \alpha \quad \text{for all } 1 \le i \le N$$
(1.1)

For every polynomial  $f \in \mathbb{R}[\sigma_1, \ldots, \sigma_N]$  of total-degree d with coefficients in [-K, K],

$$\operatorname{Var}_{\pi}(f) \le CK^2 N^d \,, \tag{1.2}$$

and for every r > 0,

$$\mathbb{P}_{\pi}\left(N^{-d/2}|f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)]| \ge r\right) \le CN^{d^2} \exp\left(-\frac{r^{2/d}}{CK^{2/d}}\right).$$
(1.3)

Moreover, (1.2)–(1.3) hold for every Ising model with couplings  $\{J_{ij}\}$  for which the corresponding ferromagnetic model with interactions  $\{|J_{ij}|\}$  is  $(1 - \frac{\alpha}{N})$ -contracting.

**Remark 1.1.** In [3], the authors used their variance bounds for bilinear forms of Ising models to study statistical independence testing for Ising models. Namely, they gave bounds (in terms of N and  $\varepsilon$ ) on the number of samples that are required to distinguish, with high probability, between a product measure and an Ising model whose (symmetrized Kullback-Leibler) distance to any product measure is at least  $\varepsilon$ . In Section 4, Theorems 4.1–4.2, we present a short application of Theorem 1 to improve the upper bounds of [3] by considering fourth-order statistics of the Ising model.

**Remark 1.2.** In this paper, we always consider polynomials of Ising models with no external field. As the following example shows, in the presence of an external field, such polynomials can be anti-concentrated. Let  $\mu_i = \mathbb{E}[\sigma_i]$  for all *i* and expand,

$$\sum_{i=1}^{n} a_{ij}\sigma_i\sigma_j = \sum_{i=1}^{n} a_{ij}(\sigma_i - \mu_i)(\sigma_j - \mu_j) + \sum_{i=1}^{n} a_{ij}\sigma_i\mu_j + \sum_{i=1}^{n} a_{ij}\sigma_j\mu_i - \sum_{i=1}^{n} a_{ij}\mu_i\mu_j.$$

The first term on the right-hand side should have O(N) fluctuations while the second and third terms  $\sum_i (\sum_j a_{ij}\mu_j)\sigma_i$  can have order  $N^{3/2}$  fluctuations (e.g., if  $(\mu_j a_{ij})_j$  all have the same sign), implying (1.2)–(1.3) cannot hold in general under external field.

### 2. Concentration for quadratic functions

In this section, we prove the special and more straightforward case of concentration for quadratic functions of the Ising model. The proof of Theorem 1 in §3 requires some additional ingredients but is motivated by the proof of the following.

**Theorem 2.1.** For every  $\alpha > 0$  there exists  $C(\alpha) > 0$  so that the following holds. Let  $\pi$  be the distribution of the Ising model on N spins with interaction couplings  $\{J_{ij}\}$  satisfying (1.1). For  $A = \{a_{ij}\}_{i,j=1}^N$ , the function  $f(\sigma) = \sum_{i,j} a_{ij}\sigma_i\sigma_j$  on  $\Omega_N$  satisfies

$$\operatorname{Var}_{\pi}(f) \le C \sum_{i,j} |a_{ij}|^2,$$
 (2.1)

and for every r > 0,

$$\mathbb{P}_{\pi}\left(N^{-1}\big|f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)]\big| > r\right) \le CN^{2} \exp\left(-\frac{r}{C\|A\|_{\infty}}\right).$$
(2.2)

Furthermore, this holds for any  $\{J_{ij}\}$  such that the Ising model is  $(1 - \frac{\alpha}{N})$ -contracting.

**Proof of** (2.1). Recall that the variational formula for the spectral gap of a reversible Markov chain  $(X_t)$  with transition kernel P and stationary distribution  $\pi$  states that

$$gap = \inf_{f} \frac{\mathcal{E}(f,f)}{\operatorname{Var}_{\pi}(f)} \quad \text{where} \quad \mathcal{E}(f,f) = \frac{1}{2} \sum_{\sigma,\sigma'} \pi(\sigma) P(\sigma,\sigma') \left| f(\sigma) - f(\sigma') \right|^{2} .$$
(2.3)

For any single-site discrete-time Markov chain for the Ising model, one has that

$$\max_{\sigma,\sigma'} P(\sigma,\sigma') \le \gamma/N \qquad \text{for some} \quad 0 < \gamma \le 1$$
(2.4)

(for example, under assumption (1.1), heat-bath Glauber dynamics satisfies this for a choice of  $\gamma = [1 + \tanh(2(1 - \alpha))]/2)$ . Thus,

$$\mathcal{E}(f,f) \le \frac{\gamma}{2N} \sum_{i} \mathbb{E}_{\pi} \left[ (\nabla_{i} f)^{2}(\sigma) \right] , \qquad (2.5)$$

where  $(\nabla_i f)(\sigma) := f(\sigma) - f(\sigma^i)$  with  $\sigma^i$  the state obtained from  $\sigma$  by flipping  $\sigma_i$ . Moreover, as mentioned, since this chain satisfies (1.1), it is  $(1 - \frac{\alpha}{N})$ -contracting and therefore has  $gap \geq \alpha/N$  by the results of [2] (see also [9, Theorem 13.1]).

Consider a linear function of the form  $g = \sum a_i \sigma_i$ ; since  $|\nabla_i g| = 2|a_i|$ , one obtains that  $\mathcal{E}(g,g) \leq 2\gamma N^{-1} \sum_i |a_i|^2$ , and therefore (2.3) implies that

$$\operatorname{Var}_{\pi}(g) \le \operatorname{gap}^{-1} \mathcal{E}(g, g) \le \frac{2\gamma}{\alpha} \sum_{i} |a_{i}|^{2}.$$
(2.6)

Returning to the function f, assume w.l.o.g. that  $a_{ii} = 0$  for all i (as  $\sigma_i^2 = 1$ ) and let  $g_i(\sigma) := \sum_j (a_{ij} + a_{ji})\sigma_j$ , so  $|(\nabla_i f)(\sigma)| = 2|g_i(\sigma)|$ . By symmetry,  $\mathbb{E}_{\pi}[g_i(\sigma)] = 0$ , thus

$$\mathcal{E}(f,f) \leq \frac{2\gamma}{N} \sum_{i} \operatorname{Var}_{\pi} (g_i(\sigma)) \leq \frac{4\gamma^2}{\alpha N} \sum_{i,j} |a_{ij}|^2,$$

which, again applying (2.3), yields

$$\operatorname{Var}_{\pi}(f) \leq \frac{4\gamma^2}{\alpha^2} \sum_{i,j} |a_{ij}|^2 \,.$$

We now proceed to proving the exponential tail bounds on f. Throughout the paper, we say a function f is b-Lipschitz on a set S if for every  $\sigma, \sigma' \in S$ ,

$$|f(\sigma) - f(\sigma')| \le b \|\sigma - \sigma'\|_1.$$

A function f is *b*-Lipschitz if it is so on its whole domain, in our case  $\Omega_N$ . For subsets of a graph, e.g.,  $\{\pm 1\}^N$ , endowed with the graph distance, by the triangle inequality, it suffices to consider only  $\sigma, \sigma'$  that are neighbors. Then f is *b*-Lipschitz on a connected set  $S \subset \Omega_N$  if

$$\max_{\sigma,\sigma'\in S: \|\sigma-\sigma'\|_1=1} |f(\sigma) - f(\sigma')| \le b.$$

**Proof of** (2.2). We begin by bounding the Lipschitz constant of  $\frac{1}{N}f$ . Observe that

$$\frac{1}{N}|f(\sigma) - f(\sigma')| = \frac{1}{N} \Big| \sum_{i,j} (\sigma_i - \sigma'_i) a_{ij} \sigma_j + \sum_{i,j} (\sigma_i - \sigma'_i) a_{ji} \sigma'_j \Big|$$
$$\leq \frac{1}{N} \|\sigma - \sigma'\|_1 \Big[ \|A\sigma\|_{\infty} + \|A^T\sigma'\|_{\infty} \Big],$$

in light of which, if we define

$$S_b = \left\{ \sigma : \max\left\{ \|A\sigma\|_{\infty}, \|A^T\sigma\|_{\infty} \right\} \le b\sqrt{N} \right\}, \qquad (2.7)$$

then  $\frac{1}{\sqrt{N}}f$  is 2b-Lipschitz on  $S_b$ —note that we only consider  $b \leq ||A||_{\infty}\sqrt{N}$ .

In order to upper bound  $\mathbb{P}_{\pi}(S_b^c)$ , we will use the following version of concentration inequalities for Lipschitz functions of contracting Markov chains [10]:

**Proposition 2.2** ([10, Corollary 4.4, Eq. (4.13)], cf. [11,13]). Let  $\pi$  be the stationary distribution of a  $\theta$ -contracting Markov chain with state space  $\Omega$ , and suppose  $g : \Omega \to \mathbb{R}$  is b-Lipschitz. Then for all r > 0,

$$\mathbb{P}_{\pi}\left(|g(\sigma) - \mathbb{E}_{\pi}[g(\sigma)]| > r\right) \le 2\exp\left(-\frac{(1-\theta^2)r^2}{2\theta^2 b^2}\right).$$

To see this, note that for every *i* and every  $\sigma, \sigma' \in \Omega_N$ ,

$$\left| (A\sigma)_i - (A\sigma')_i \right| \le \|A\|_{\infty} \|\sigma - \sigma'\|_1,$$

and so  $\sigma \mapsto (A\sigma)_i$  is  $||A||_{\infty}$ -Lipschitz, and similarly  $\sigma \mapsto (A^T \sigma)_i$  is  $||A||_{\infty}$ -Lipschitz. By a union bound and Proposition 2.2 with  $\theta = 1 - \alpha/N$ , there exists  $\kappa(\alpha) > 0$  such that

$$\mathbb{P}_{\pi}(S_{b}^{c}) \leq 4N \exp\left(-\frac{(\frac{2\alpha}{N} - \frac{\alpha^{2}}{N^{2}})b^{2}}{2(1 - \frac{\alpha}{N})^{2}\|A\|_{\infty}^{2}}\right) \leq 4N \exp\left(-\frac{b^{2}}{\kappa\|A\|_{\infty}^{2}}\right).$$
(2.8)

Next, consider the McShane–Whitney extension of  $N^{-1/2}f$  from  $S_b$ , given by

$$\frac{1}{\sqrt{N}}\tilde{f}(\eta) = \min_{\sigma \in S_b} \left[ \frac{1}{\sqrt{N}} f(\sigma) + 2b \|\eta - \sigma\|_1 \right];$$
(2.9)

by definition,  $N^{-1/2}\tilde{f}$  is 2b-Lipschitz on all of  $\Omega_N$ . As a result, by Proposition 2.2,

$$\mathbb{P}_{\pi}\left(|\tilde{f}(\sigma) - \mathbb{E}_{\pi}[\tilde{f}(\sigma)]| > rN\right) \le 2e^{-r^2/(4\kappa b^2)}.$$
(2.10)

In order to move to the desired quantity, we need to control the difference between the means of  $f, \tilde{f}$  using the fact that  $\tilde{f}(\sigma) = f(\sigma)$  for all  $\sigma \in S_b$ :

$$|\mathbb{E}_{\pi}[\tilde{f}(\sigma)] - \mathbb{E}_{\pi}[f(\sigma)]| \leq \mathbb{E}_{\pi} \left[ |\tilde{f}(\sigma) - f(\sigma)| \mathbf{1} \{ \sigma \in S_b^c \} \right]$$
$$\leq 12 ||A||_{\infty} N^3 e^{-b^2/(\kappa ||A||_{\infty}^2)}, \qquad (2.11)$$

where in the last line we used (2.8) to bound  $\mathbb{P}_{\pi}(S_b^c)$ , as well as that

$$\max_{\sigma} \{ |f(\sigma)|, |\tilde{f}(\sigma)| \} \le \|A\|_{\infty} N^2 + 2bN^{3/2} \le 3\|A\|_{\infty} N^2 \,.$$

Now let  $b = \sqrt{\|A\|_{\infty} r/6}$  and observe that if b is such that

$$|\mathbb{E}_{\pi}[\tilde{f}(\sigma)] - \mathbb{E}_{\pi}[f(\sigma)]| \le rN/3$$

holds (in particular, this holds for all  $b > 2\sqrt{\kappa \|A\|_{\infty}^2 \log(\|A\|_{\infty}N)}$ ), then

$$\mathbb{P}_{\pi}(|f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)]| > rN) \le \mathbb{P}_{\pi}(|\tilde{f}(\sigma) - \mathbb{E}_{\pi}[\tilde{f}(\sigma)] > rN/3) + \mathbb{P}_{\pi}(|\tilde{f}(\sigma) - f(\sigma)| > rN/3).$$

By (2.10), and the choice of b, the first term above has

$$\mathbb{P}_{\pi}(|\tilde{f}(\sigma) - \mathbb{E}_{\pi}[\tilde{f}(\sigma)]| > rN/3) \le 2\exp\left(-\frac{r}{6\kappa \|A\|_{\infty}}\right).$$

Because  $\tilde{f}(\sigma) = f(\sigma)$  for all  $\sigma \in S_b$ , by our choice of b,

$$\mathbb{P}_{\pi}(|\tilde{f}(\sigma) - f(\sigma)| > rN/3) \le \mathbb{P}_{\pi}(S_b^c) \le 4N \exp\left(-\frac{r}{6\kappa \|A\|_{\infty}}\right).$$

Replacing the requirement of  $b > 2\sqrt{\kappa \|A\|_{\infty}^2 \log(\|A\|_{\infty}N)}$  with a prefactor of  $N^2$ , and combining the above two estimates, we see that

$$\mathbb{P}_{\pi}(|f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)]| \ge rN) \lesssim N^{2} \exp\left(-\frac{r}{6\kappa \|A\|_{\infty}}\right)$$

holds for every r > 0.

### 3. Concentration for general polynomials

In order to prove Theorem 1, we will need the following intermediate lemma used to control the mean of the gradient of f.

**Lemma 3.1.** For every  $p, \alpha > 0$  there exists  $C(\alpha, p) > 0$  such that the following holds. Consider an Ising model  $\pi$  with couplings  $\{J_{ij}\}$  and let  $\tilde{\pi}$  be the Ising measure corresponding to couplings  $\{|J_{ij}|\}$ . If  $\tilde{\pi}$  is a  $(1 - \frac{\alpha}{N})$ -contracting Ising system and

$$h(\sigma) = \sum_{i_1,\dots,i_p} b_{i_1,\dots,i_p} \sigma_{i_1} \cdots \sigma_{i_p}$$

is a degree-p polynomial in  $(\sigma_1, ..., \sigma_N)$  for a degree-p tensor B, then

$$|\mathbb{E}_{\pi}[h(\sigma)]| \le C ||B||_{\infty} N^{p/2}$$

*Proof.* Begin by considering ferromagnetic models with non-negative couplings,  $\{J_{ij}\}$ . It is well-known that in the  $\mathbb{E}_{\pi}[\sigma_{i_1}\cdots\sigma_{i_p}] \geq 0$  in the ferromagnetic Ising model with no external field (e.g., by viewing its FK representation that enjoys monotonicity). Thus,

$$|\mathbb{E}_{\pi}[h(\sigma)]| \leq \sum_{i_1,\dots,i_p} |b_{i_1,\dots,i_p}| \mathbb{E}_{\pi}[\sigma_{i_1}\cdots\sigma_{i_p}],$$

and taking  $M_p = (||B||_{\infty})^{1/p}$ , we see that

$$\sum_{i_1,\dots,i_p} |b_{i_1,\dots,i_p}| \mathbb{E}_{\pi}[\sigma_{i_1}\cdots\sigma_{i_p}] \leq \mathbb{E}_{\pi}\left[\left|\sum_i M_p \sigma_i\right|^p\right].$$

However,  $\sum_{i} M_p \sigma_i$  is clearly an  $M_p$ -Lipschitz function, and by spin-flip symmetry of the Ising system, has mean 0, so by Proposition 2.2, there exists  $\kappa(\alpha) > 0$  such that

$$\mathbb{P}_{\pi}\left(\left|\sum_{i} M_{p}\sigma_{i}\right|^{p} > r^{p}N^{p/2}\right) = \mathbb{P}_{\pi}\left(\left|\sum_{i} M_{p}\sigma_{i}\right| > r\sqrt{N}\right) \le e^{-r^{2}/\kappa M_{p}^{2}},$$

and therefore, by integrating,  $\mathbb{E}_{\pi}[|\sum_{i} M_{p}\sigma_{i}|^{p}] \leq C \|B\|_{\infty} N^{p/2}$  for some  $C(\alpha, p) > 0$ .

Now suppose that  $\{J_{ij}\}$  are not all non-negative; using the FK representation of Ising spin systems with general couplings (not necessarily ferromagnetic)—see, e.g., [5, §11.5], and in particular Proposition 259 and Eq. (11.44)—for every  $i_1, ..., i_p$ ,

$$\left|\mathbb{E}_{\pi}[\sigma_{i_1}\cdots\sigma_{i_p}]\right| \leq \mathbb{E}_{\tilde{\pi}}[\sigma_{i_1}\cdots\sigma_{i_p}].$$
(3.1)

Then, proceeding as before, we see that

$$|\mathbb{E}_{\pi}[h(\sigma)]| \leq \sum_{i_1,\dots,i_p} |b_{i_1,\dots,i_p}||\mathbb{E}_{\pi}[\sigma_{i_1}\cdots\sigma_{i_p}]| \leq \mathbb{E}_{\tilde{\pi}}\left[|\sum_i M_p \sigma_i|^p\right].$$

Since  $\tilde{\pi}$  is contracting, we can apply Proposition 2.2 as before to obtain for the same constant,  $C(p, \alpha) > 0$  that

$$|\mathbb{E}_{\pi}[h(\sigma)]| \leq \mathbb{E}_{\tilde{\pi}}\left[|\sum_{i} M_{p}\sigma_{i}|^{p}\right] \leq C ||B||_{\infty} N^{p/2}.$$

**Proof of** (1.2). Fix d and recall the variational formula for the spectral gap, (2.3). Following (2.5), we see that for  $\gamma$  defined in (2.4)

$$\mathcal{E}(f,f) \leq rac{\gamma}{2N} \sum_{\ell} \mathbb{E}_{\pi} \left[ (\nabla_{\ell} f)^2(\sigma) \right]$$

where  $(\nabla_{\ell} f)(\sigma) = f(\sigma) - f(\sigma^{\ell})$  as before. Let

$$f(\sigma) = \sum_{i_1,\dots,i_d} a_{i_1,\dots,i_d} \sigma_{i_1} \cdots \sigma_{i_d} ,$$

with  $||A||_{\infty} \leq K$ , and w.l.o.g. (since  $\sigma_i^2 = 1$ , every polynomial can be rewritten as a sum of monomials) assume that  $a_{i_1,\ldots,i_d} = 0$  if  $i_k = i_j$  for some  $j \neq k$ . Then we see that for every  $\ell$  and every  $\sigma$ ,

$$|(\nabla_{\ell} f)(\sigma)| = 2 \left| \sum_{i_2,\dots,i_d} a_{\ell,i_2,\dots,i_d} \sigma_{i_2} \cdots \sigma_{i_d} + \dots + \sum_{i_1,\dots,i_{d-1}} a_{i_1,\dots,i_{d-1},\ell} \sigma_{i_1} \cdots \sigma_{i_{d-1}} \right|,$$

so that  $g_{\ell}(\sigma) := (\nabla_{\ell} f)^2(\sigma)$  is a 2(d-1)-degree polynomial in  $\sigma$  with coefficients bounded above by  $4\binom{2(d-1)}{(d-1)}K^2$ . By Lemma 3.1, there exists  $C(\alpha, d) > 0$  such that for every  $\ell$ ,

$$\mathbb{E}_{\pi}[g_{\ell}(\sigma)] \leq 4 \binom{2(d-1)}{d-1} C K^2 N^{d-1},$$

so that using (2.3), (2.5), and the fact that  $gap \ge \alpha/N$ , for some new  $C(\alpha, d) > 0$ ,

$$\operatorname{Var}_{\pi}(f) \leq \operatorname{gap}^{-1} \mathcal{E}(f, f) \leq \frac{N\gamma}{2\alpha} \cdot CK^2 N^{d-1} = \frac{C\gamma}{2\alpha} K^2 N^d \,.$$

**Proof of** (1.3). Observe that since we are on the hypercube  $\Omega_N$ ,  $\sigma_i^k = \sigma_i^{k \mod 2}$ , so that every polynomial function f of degree d can be rewritten as a sum of monomials of degree at most d. The concentration of the lower-degree monomials can be absorbed into a constant multiple in the prefactor in (1.3) of Theorem 1. Moreover, it suffices by rescaling to prove the theorem for the case K = 1. Hence, we proceed to prove the following concentration inequality for monomials: consider a  $(1 - \frac{\alpha}{N})$ -contracting Ising model  $\pi$ ; for every d, if f is a monomial of degree d, i.e.,

$$f(\sigma) = \sum_{i_1,\dots,i_d} a_{i_1,\dots,i_d} \sigma_{i_1} \cdots \sigma_{i_d}$$

for a *d*-tensor A with  $||A||_{\infty} \leq 1$  and  $a_{i_1...i_d} = 0$  if  $i_j = i_k$  for some  $j \neq k$ , there exists  $C(\alpha, d) > 0$  such that for every r > 0, and every N,

$$\mathbb{P}_{\pi}\left(\frac{1}{N^{d/2}} \left| f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)] \right| > r\right) \\
\leq C[N^{2+d/2} \log^{2}(N)]^{d-1} \exp\left(-C^{-1}r^{2/d}\right).$$
(3.2)

Since we are considering d fixed, throughout this section,  $\leq$  will be with respect to constants that may depend on d. We prove (3.2) inductively over  $d \geq 2$ . The base case d = 1 is given by Proposition 2.2. Now assume that for every  $p \leq d-1$ , Eq. (3.2) holds and show it holds for d. Fix  $1 \leq \ell \leq N$  and let  $\sigma^{\ell}$  be the configuration that differs with  $\sigma$  only in coordinate  $\ell$ . For every  $\sigma$ , we can compute the gradient  $N^{-d/2}(\nabla_{\ell} f)(\sigma)$  as

$$N^{-d/2}|f(\sigma) - f(\sigma^{\ell})| = 2N^{-d/2} \left| \sum_{i_2,\dots,i_d} a_{\ell,i_2,\dots,i_d} \sigma_{i_2} \cdots \sigma_{i_d} + \cdots + \sum_{i_1,\dots,i_{d-1}} a_{i_1,\dots,i_{d-1},\ell} \sigma_{i_1} \cdots \sigma_{i_{d-1}} \right|.$$
(3.3)

Define the following set of configurations:

$$S_{b} = \left\{ \sigma : \max_{1 \le \ell \le N} \max_{1 \le j \le d} \left| \sum_{i_{1}, \dots, i_{d}: i_{j} = \ell} a_{i_{1}, \dots, i_{d}} \sigma_{i_{1}} \cdots \sigma_{i_{j-1}} \sigma_{i_{j+1}} \cdots \sigma_{i_{d}} \right| \le b N^{(d-1)/2} \right\}.$$
(3.4)

Because  $S_b$  may not be connected, Eq. (3.3) does not necessarily bound the Lipschitz of f on  $S_b$ . Thus, for each  $\eta \in S_b$ , we set  $S_{\eta,b}$  to be the connected component of  $S_b$ containing  $\eta$ . By definition of  $S_{\eta,b}$ , the triangle inequality, and (3.3), for each  $\eta \in S_b$ , function  $N^{-(d-1)/2}f$  is *db*-Lipschitz function on  $S_{\eta,b}$ .

For every  $\eta$ , define the McShane–Whitney extension of  $N^{-(d-1)/2}f$  from  $S_{\eta,b}$  as

$$N^{-(d-1)/2}\tilde{f}_{\eta}(\sigma') = \min_{\sigma \in S_{\eta,b}} \left[ N^{-(d-1)/2} f(\sigma) + db \|\sigma - \sigma'\|_1 \right],$$

so that  $N^{-(d-1)/2}\tilde{f}_{\eta}$  is *db*-Lipschitz on all of  $\Omega_N$  and  $\tilde{f}_{\eta}|_{S_{\eta,b}} = f|_{S_{\eta,b}}$ .

Now let  $(X_t)$  be the single spin-flip Markov chain which we assumed to be  $(1 - \frac{\alpha}{N})$ contracting with stationary distribution  $\pi$ , and, for each  $\eta$ , bound

$$\mathbb{P}_{\eta}(N^{-d/2}|f(X_t) - \mathbb{E}_{\pi}[f(X_t)]| > r) \le \Phi_1 + \Phi_2 + \Psi_1 + \Psi_2, \qquad (3.5)$$

where

$$\begin{split} \Phi_1 &= \Phi_1(\eta, r) = \mathbb{P}_{\eta}(N^{-d/2} | \tilde{f}_{\eta}(X_t) - \mathbb{E}_{\eta}[\tilde{f}_{\eta}(X_t)] | > \frac{r}{4}) \,, \\ \Phi_2 &= \Phi_2(\eta, r) = \mathbb{P}_{\eta}(N^{-d/2} | f(X_t) - \tilde{f}_{\eta}(X_t) | > \frac{r}{4}) \,, \\ \Psi_1 &= \Psi_1(\eta, r) = \mathbf{1} \Big\{ N^{-d/2} \big| \mathbb{E}_{\eta}[\tilde{f}_{\eta}(X_t)] - \mathbb{E}_{\eta}[f(X_t)] \big| > \frac{r}{4} \Big\} \,, \\ \Psi_2 &= \Psi_2(\eta, r) = \mathbf{1} \Big\{ N^{-d/2} \big| \mathbb{E}_{\eta}[f(X_t)] - \mathbb{E}_{\pi}[f(X_t)] \big| > \frac{r}{4} \Big\} \,. \end{split}$$

In order to bound  $\Phi_1$  we will need the following result of Luczak [10]:

**Proposition 3.2** ([10, Eq. (4.14)]). Suppose  $(Y_t)$  is a  $\theta$ -contracting Markov chain on  $\Omega$  with stationary distribution  $\pi$ ; suppose further that  $g : \Omega \to \mathbb{R}$  is a b-Lipschitz function. Then for every  $Y_0 \in \Omega$ ,

$$\mathbb{P}_{Y_0}\Big(|f(Y_t) - \mathbb{E}_{Y_0}[f(Y_t)]| \ge r\Big) \le 2\exp\left(-\frac{r^2}{b^2 \sum_{i=0}^t \theta^i}\right)$$

By Proposition 3.2 with the choice of  $\theta = 1 - \frac{\alpha}{N}$ , there exists  $\kappa(\alpha) > 0$  such that for every  $\eta \in S_b$  and every t,

$$\Phi_1 = \mathbb{P}_{\eta} \left( N^{-d/2} |\tilde{f}_{\eta}(X_t) - \mathbb{E}_{\eta}[\tilde{f}_{\eta}(X_t)] | > r/4 \right) \le 2 \exp\left( -\frac{r^2}{16\kappa d^2 b^2} \right).$$
(3.6)

Second, the fact that f and  $\tilde{f}_{\eta}$  identify on  $S_{\eta,b}$  implies that

$$\Phi_2 \le \mathbb{P}_\eta(\tau_{S^c_{\eta,b}} \le t) = \mathbb{P}_\eta(\tau_{S^c_b} \le t), \qquad (3.7)$$

where the last equality crucially used that  $(X_t)$  is a single-site dynamics (whence starting from  $\eta$ , exiting  $S_{\eta,b}$  and exiting  $S_b$  are equivalent).

By the definition of  $\tilde{f}_{\eta}$ , we have that  $\|\tilde{f}_{\eta}\|_{\infty} \leq \|f\|_{\infty} + N \operatorname{Lip}(f \upharpoonright_{S_{n,b}})$ , implying that

$$\Psi_1 \le \mathbf{1} \left\{ (1+d) N^{d/2} \mathbb{P}_{\eta}(\tau_{S_b^c} \le t) > \frac{r}{4} \right\} .$$
(3.8)

Finally, if we take

$$t \ge t_0 := t_{\text{MIX}}(\varepsilon) \text{ for } \varepsilon_r := \frac{r}{4(1+d)N^{d/2}},$$

we have,

$$\max_{\eta \in \Omega_N} N^{-d/2} \left| \mathbb{E}_{\eta}[f(X_t)] - \mathbb{E}_{\pi}[f(X_t)] \right| \le (1+d) N^{d/2} \varepsilon_r < r/4 \,,$$

so that for all such t, for every  $\eta \in \Omega_N$ , we have  $\Psi_2 = 0$ . Because (e.g., [9], a Markov chain that is  $\theta$ -contracting with  $\theta = 1 - \frac{\alpha}{N}$  has  $t_{\text{MIX}} \gtrsim N \log N$ ) by sub-multiplicativity of total variation distance to stationarity, this holds for  $t_0 \simeq N \log^2(N)$ .

Combining (3.5)–(3.8), we see that for all  $\eta \in S_b$  and  $t \ge t_0$ ,

$$\begin{aligned} \mathbb{P}_{\eta}(N^{-d/2}|f(X_t) - \mathbb{E}_{\pi}[f(X_t)]| > r) &\leq \mathbf{1} \left\{ (1+d)N^{d/2} \mathbb{P}_{\eta}(\tau_{S_b^c} \leq t) > \frac{r}{4} \right\} \\ &+ \mathbb{P}_{\eta}(\tau_{S_b^c} \leq t) + 2 \exp\left(-\frac{r^2}{16\kappa d^2 b^2}\right). \end{aligned}$$

If we now average both sides over  $\eta \sim \pi$  and set  $t = t_0$ , we obtain

$$\mathbb{P}_{\pi}\left(N^{-d/2}|f(X_{t}) - \mathbb{E}_{\pi}[f(X_{t})] > r\right) \leq \mathbb{P}_{\pi}\left(\{\eta : \mathbb{P}_{\eta}(\tau_{S_{b}^{c}} \leq t) > r/((4+4d)N^{d/2})\}\right) \\
+ \mathbb{P}_{\pi}(\tau_{S_{b}^{c}} \leq t) + \mathbb{P}_{\pi}(S_{b}^{c}) + 2\exp\left(-\frac{r^{2}}{16\kappa d^{2}b^{2}}\right) \\
\leq \left[2t_{0} + (4+4d)r^{-1}N^{d/2}t_{0}\right]\mathbb{P}_{\pi}(S_{b}^{c}) + 2\exp\left(-\frac{r^{2}}{16\kappa d^{2}b^{2}}\right), \quad (3.9)$$

where we used using stationarity of the Markov chain and a union bound over all times up to  $t_0$ , and Markov's inequality with  $\mathbb{E}_{\pi}[\mathbb{P}_{\eta}(\tau_{S_b^c} \leq t)] = \mathbb{P}_{\pi}(\tau_{S_b^c} \leq t)$ .

It remains to bound the probability  $\mathbb{P}_{\pi}(S_b^c)$ . Let, for every  $1 \leq \ell \leq N, 1 \leq j \leq d$ ,

$$g_{\ell,j}(\sigma) = \sum_{i_1,\dots,i_d: i_j = \ell} a_{i_1,\dots,i_d} \sigma_{i_1} \cdots \sigma_{i_{j-1}} \sigma_{i_{j+1}} \cdots \sigma_{i_d};$$

by the inductive hypothesis there exists  $C'(\alpha, d) > 0$  such that uniformly over  $\ell, j$ ,

$$\mathbb{P}_{\pi}(|g_{\ell,j}(\sigma) - \mathbb{E}_{\pi}[g_{\ell,j}(\sigma)]| > bN^{(d-1)/2}) \\ \lesssim \left[N^{2+(d-1)/2}\log^2(N)\right]^{d-2} \exp\left(-b^{2/(d-1)}/C'\right).$$

To upper bound  $\mathbb{P}_{\pi}(S_b^c)$ , by (3.4) it suffices to show that  $|\mathbb{E}_{\pi}[g_{\ell,j}]|$  is at most  $bN^{(d-1)/2}/2$ and then union bound over  $\ell, j$ . Since for each  $\ell, j$ , the function  $g_{\ell,j}$  is a d-1 degree polynomial of the form of  $h(\sigma)$  in Lemma 3.1 there exists  $C(\alpha, d) > 0$  such that

$$\max_{1 \le \ell \le N} \max_{1 \le j \le d} |\mathbb{E}_{\pi}[g_{\ell,j}]| \le CN^{(d-1)/2}$$

Therefore, for all  $b \ge 2C$ , by a union bound over  $1 \le \ell \le N$  and  $1 \le j \le d$ ,

$$\mathbb{P}_{\pi}(S_b^c) \lesssim N \left[ N^{2+(d-1)/2} \log^2(N) \right]^{d-2} \exp\left( -\frac{b^{2/(d-1)}}{C' 4^{2/(d-1)}} \right).$$
(3.10)

Plugging (3.10) into (3.9), by stationarity of  $\pi$  and  $t_0 \simeq dN \log^2(N)$ , we obtain

$$\mathbb{P}_{\pi}(N^{-d/2}|f(\sigma) - \mathbb{E}_{\pi}[f(\sigma)]| > r) \lesssim \left[N^{2+d/2}\log^2(N)\right]^{d-1} \left[\exp\left(-\frac{r^2}{16\kappa d^2 b^2}\right) + \exp\left(-\frac{b^{2/(d-1)}}{C' 4^{2/(d-1)}}\right)\right],$$

at which point, the choice of b given by

$$b = r^{(d-1)/d},$$

implies the desired (3.2) for some different  $C(\alpha, d) > 0$  for all r > 0.

#### 4. An application to testing Ising models

In [3], independence testing of Ising models was extensively studied. Namely, suppose one is given k samples of N bits, either from a product measure  $\mathcal{I}$  or from an Ising measure  $\nu$  satisfying (1.1) whose Kullback–Leibler distance to  $\mathcal{I}$  is at least  $\varepsilon$ . The goal is to decide with high probability, using a minimum number of samples, which distribution the samples came from. Our variance bound in Theorem 1 allows us to use a fourth-order statistic to improve on the results of [3] in the high-temperature regime of (1.1), including obtaining the sharp result in the case of ferromagnetic Ising models.

Consider an Ising model with couplings  $J_{ij}$  and for every  $i \sim j$ , denote by

$$\lambda_{ij}^{\pi} = \mathbb{E}_{\pi}[\sigma_x \sigma_y] - \mathbb{E}_{\pi}[\sigma_x]\mathbb{E}_{\pi}[\sigma_y] \,,$$

which in the absence of external field equals  $\mathbb{E}_{\pi}[\sigma_x \sigma_y]$ . We will be concerned with Ising models satisfying (1.1) and therefore in their high-temperature Dobrushin regime.

The Ising model has the special property that for two Ising models  $\pi$  and  $\nu$  on N vertices, with couplings  $\{J_{ij}^{\pi}\}$  and  $\{J_{ij}^{\nu}\}$  and edge-magnetizations  $\lambda_{ij}^{\pi}$  and  $\lambda_{ij}^{\nu}$ , the symmetrized Kullback–Leibler divergence  $d_{\text{SKL}}(\pi, \nu)$  is given by

$$d_{\text{SKL}}(\pi,\nu) = \mathbb{E}_{\pi} \left[ \log \left( \frac{\pi}{\nu} \right) \right] - \mathbb{E}_{\nu} \left[ \log \left( \frac{\nu}{\pi} \right) \right] = \sum_{1 \le i < j \le N} (J_{ij}^{\pi} - J_{ij}^{\nu}) (\lambda_{ij}^{\pi} - \lambda_{ij}^{\nu}) \,.$$

Let  $\mathcal{I}$  be the product measure on N independent, symmetric  $\pm 1$  random variables. That is to say that  $J_{ij}^{\mathcal{I}} = \lambda_{ij}^{\mathcal{I}} = 0$  for all i, j and  $d_{\text{SKL}}(\pi, \mathcal{I}) = \sum_{i,j} J_{ij}^{\pi} \lambda_{ij}^{\pi}$ . Finally, for an Ising model  $\pi$ , let m denote the number of edges, i.e., the number of non-zero  $J_{ij}^{\pi}$ .

**Theorem 4.1.** There exists a polynomial time algorithm that uses  $O(N/\varepsilon)$  samples from a ferromagnetic Ising model  $\pi$  on N vertices satisfying (1.1), and distinguishes with probability better than  $\frac{3}{4}$ , whether  $\pi = \mathcal{I}$  or  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$ . In the specific case where the edge set  $\{(ij) : J_{ij}^{\pi} \neq 0\}$  is known, this is improved to  $O(\sqrt{m}/\varepsilon)$  samples.

**Theorem 4.2.** There exists a polynomial time algorithm that uses  $O(N^2/\varepsilon^2)$  samples from an Ising model  $\pi$  on N vertices satisfying (1.1), and distinguishes with probability better than  $\frac{3}{4}$  whether  $\pi = \mathcal{I}$  or  $d_{SKL}(\pi, \mathcal{I}) \geq \varepsilon$ . In the specific case where the edge set  $\{(ij): J_{ij}^{\pi} \neq 0\}$  is known a priori, this is improved to  $O(N\sqrt{m}/\varepsilon^2)$  samples. (The previous results of [3] gave a bound of  $O(m/\varepsilon)$  in the setting of Theorem 4.1, and a bound of  $O(N^{10/3}/\varepsilon^2)$  in the setting of Theorem 4.2.)

The algorithms we use take k i.i.d. samples  $(\sigma_i^{(1)})_{i \leq N}, ..., (\sigma_i^{(k)})_{i \leq N}$  from  $\pi$  and compute the test statistic,

$$Z_{k} = Z_{k}(\sigma^{(1)}, ..., \sigma^{(k)}) = \sum_{i,j} \left(\frac{1}{k} \sum_{1 \le \ell \le k} \sigma_{i}^{(\ell)} \sigma_{j}^{(\ell)}\right)^{2},$$
(4.1)

where in the case where we do know the edge set of the underlying graph a priori, we sum only over  $i \sim j$ . Let  $\mathbb{P}$  be the measure given by  $\bigotimes_{i=1}^{k} \pi$ .

Observe first that

$$\mathbb{E}[Z_k] = \sum_{i,j} (\lambda_{ij}^{\pi})^2 + \frac{1}{k} \sum_{i,j} (1 - \lambda_{ij}^{\pi}) \ge \sum_{i,j} (\lambda_{ij}^{\pi})^2.$$
(4.2)

At the same time,

$$\operatorname{Var}(Z_k(\sigma)) = \frac{1}{k^4} \operatorname{Var}\left(\sum_{i,j} \sum_{1 \le \ell, \ell' \le k} \sigma_i^{(\ell)} \sigma_j^{(\ell)} \sigma_i^{(\ell')} \sigma_j^{(\ell')}\right).$$

For every fixed k, we can view  $(\sigma_i^{(\ell)})_{1 \le i \le N, 1 \le \ell \le k}$  as an Ising model on kN vertices, that satisfies (1.1) since it corresponds to k independent copies of an Ising model each satisfying (1.1). Therefore, by Theorem 1, specifically (1.2), we have  $\operatorname{Var}(Z_k) \le CN^2/k^2$ .

In the specific case where the underlying graph of the Ising model is known a priori, we have the following.

**Lemma 4.3.** Consider k i.i.d. samples  $\sigma^{(1)}, ..., \sigma^{(k)}$  from an Ising model  $\pi$  on a graph G on N vertices and m edges, satisfying (1.1). Then there exists  $C(\alpha) > 0$  such that  $\operatorname{Var}(Z_k) \leq Cm/k^2$ .

Proof. Again view  $(\sigma_i^{(\ell)})_{i,\ell}$  as an Ising model on kN vertices with measure  $\pi^k = \bigotimes_{i=1}^k \pi$ . Recall that since  $\{J_{ij}^{\pi}\}$  satisfy (1.1) for  $\alpha > 0$ , the Ising model is  $1 - \alpha/N$  contracting. Since the spectral gap tensorizes, and  $\pi$  is  $1 - \alpha/N$  contracting,  $\pi^k$  also has inverse spectral gap satisfying  $gap^{-1} \ge \alpha/N$ . Using the variational form of the spectral gap as before, we have by (2.4)–(2.5),

$$\operatorname{Var}(Z_k) \leq \operatorname{gap}^{-1} \mathcal{E}(Z_k, Z_k) \leq \frac{2\gamma}{\alpha} \sum_{i,\ell} \mathbb{E} \left[ (\nabla_{i,\ell} Z_k)^2(\sigma) \right].$$

Now we compute  $(\nabla_{i,\ell} Z_k)^2(\sigma)$  for fixed  $(i,\ell) = (i^*,\ell^*)$  and every  $\sigma$ . Expanding out,

$$\begin{split} (\nabla_{i^{\star},\ell^{\star}}Z_{k})^{2}(\sigma) &= \frac{4}{k^{4}}\sum_{j\sim i^{\star},j'\sim i^{\star}} \mathbb{E}\big[\sigma_{j}^{\ell^{\star}}\sigma_{j'}^{\ell^{\star}}\big]\mathbb{E}\big[(\sum_{\ell\neq\ell^{\star}}\sigma_{i^{\star}}^{\ell}\sigma_{j}^{\ell})(\sum_{\ell'\neq\ell^{\star}}\sigma_{i^{\star}}^{\ell'}\sigma_{j'}^{\ell'})\big] \\ &= \frac{4}{k^{4}}\sum_{j\sim i^{\star},j'\sim i^{\star}} \mathbb{E}\big[\sigma_{j}^{\ell^{\star}}\sigma_{j'}^{\ell^{\star}}\big]\bigg(\sum_{\ell\neq\ell^{\star},\ell'\neq\ell^{\star}} \mathbb{E}\big[\sigma_{i^{\star}}^{\ell}\sigma_{j}^{\ell}\sigma_{i^{\star}}^{\ell'}\sigma_{j'}^{\ell'}\big]\bigg)\,. \end{split}$$

When  $\ell = \ell'$ , the summands in the second sum are given by  $\mathbb{E}_{\pi}[\sigma_{j}\sigma_{j'}]$ , whereas when  $\ell \neq \ell'$ , we have  $\mathbb{E}[\sigma_{i^{\star}}^{\ell}\sigma_{j}^{\ell'}\sigma_{i^{\star}}^{\ell'}\sigma_{j}^{\ell'}] = \mathbb{E}_{\pi}[\sigma_{i^{\star}}\sigma_{j}]\mathbb{E}_{\pi}[\sigma_{i^{\star}}\sigma_{j'}]$ . Therefore,

$$(\nabla_{i^{\star},\ell^{\star}}Z_{k})^{2}(\sigma) \leq \frac{4}{k^{4}} \sum_{j,j'\sim i^{\star}} |\mathbb{E}_{\pi}[\sigma_{j}\sigma_{j'}]| \left(k|\mathbb{E}_{\pi}[\sigma_{j}\sigma_{j'}]| + (k-1)^{2}|\mathbb{E}_{\pi}[\sigma_{i^{\star}}\sigma_{j}]||\mathbb{E}_{\pi}[\sigma_{i^{\star}}\sigma_{j'}]|\right)$$
$$\leq \frac{4}{k^{2}} \sum_{j,j'\sim i^{\star}} \mathbb{E}_{\tilde{\pi}}[\sigma_{j}\sigma_{j'}], \qquad (4.3)$$

where  $\tilde{\pi}$  is the ferromagnetic analogue of  $\pi$  with couplings  $J_{ij}^{\tilde{\pi}} = |J_{ij}^{\pi}|$  (implying it also satisfies (1.1) with the same  $\alpha$ ) and the last inequality follows as in (3.1) from the FK representation. But, we can write

$$\sum_{j,j'\sim i^{\star}} \mathbb{E}_{\tilde{\pi}}[\sigma_j \sigma_{j'}] = \mathbb{E}_{\tilde{\pi}}\left[\left(\sum_j c_j \sigma_j\right)^2\right],$$

where  $c_j = \mathbf{1}\{J_{i^*j} \neq 0\}$ . For squares of 1-Lipschitz functions of contracting Ising models, we previously noted in (2.6) that

$$\mathbb{E}_{\tilde{\pi}}\left[\left(\sum_{j} c_{j} \sigma_{j}\right)^{2}\right] = \operatorname{Var}_{\tilde{\pi}}\left(\sum_{j} c_{j} \sigma_{j}\right) \leq \frac{2\gamma}{\alpha} \sum_{j} |c_{j}|^{2} = \frac{2\gamma d_{i^{\star}}}{\alpha},$$

with  $d_{i^{\star}}$  being the number of nonzero couplings incident  $i^{\star}$ . Summing over  $i^{\star}$ , and plugging this bound into (4.3) and then into the variational form of the spectral gap, we obtain the desired bound

$$\operatorname{Var}(Z_k) \leq \left(\frac{32\gamma^2}{\alpha^2}\right) \left(\frac{m}{k^2}\right) .$$

We are now in position to prove the two theorems regarding independence testing for the Ising model.

**Proof of Theorem 4.1.** The algorithm we use computes  $Z_k$  as defined in (4.1) for  $k \geq CN/\varepsilon$  (when we know the underlying graph,  $k \geq C'\sqrt{m}/\varepsilon$ ), then outputs that  $\pi = \mathcal{I}$  if  $Z_k \leq \varepsilon/4$  and outputs  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$  otherwise. We first show that with probability at lteast  $\frac{9}{10}$ , if  $\pi = \mathcal{I}$ , the algorithm outputs that. Notice that  $\mathbb{E}_{\mathcal{I}}[Z_k] = 0$ , and by the above computations of the variance,  $\text{Var}(Z_k) \leq CN^2/k^2$  (when we know the underlying edge set,  $\text{Var}(Z_k) \leq m/k^2$  by Lemma 4.3). By Chebyshev's inequality,

$$\mathbb{P}(Z_k \ge \varepsilon/4) \le \frac{16 \operatorname{Var}(Z_k)}{\varepsilon^2},$$

which, after plugging in the two above bounds on  $\operatorname{Var}(Z_k)$  implies the number of samples we require of k is sufficient for the right-hand side to be at most  $\frac{9}{10}$ .

When  $\pi$  is such that  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$ , we again have the same bounds on  $\text{Var}(Z_k)$ . We now lower bound  $\mathbb{E}_{\pi}[Z_k]$  by (4.2) and the definition of  $d_{\text{SKL}}(\pi, \mathcal{I})$ . Note that since  $\pi$  is a *ferromagnetic*, for all  $J_{ij}^{\pi} \leq 1$  by the FKG inequality of the ferromagnetic Ising model,  $\lambda_{ij}^{\pi} \geq \tanh(J_{ij}^{\pi}) \geq J_{ij}^{\pi}/2$ . As a result,

$$\mathbb{E}[Z_k] \ge \sum_{i,j} (\lambda_{ij}^{\pi})^2 \ge \frac{1}{2} \sum_{i \sim j} J_{ij}^{\pi} \lambda_{ij}^{\pi} \ge \frac{\varepsilon}{2} \,.$$

Applying Chebyshev's inequality to  $\mathbb{P}(Z_k \leq \varepsilon/4)$ , we see that the desired number of samples we require of k is sufficient to identify in this case that  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$  with probability at least  $\frac{9}{10}$ . A union bound over the two cases  $\pi = \mathcal{I}$  and  $\pi$  such that  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$  concludes the proof.

**Proof of Theorem 4.2**. The algorithm again computes the test statistic,  $Z_k$  defined in (4.1), and now outputs that  $\pi = \mathcal{I}$  if  $Z_k \leq \varepsilon^2/2N$  and outputs  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$  otherwise.

First, consider the situation  $\pi = \mathcal{I}$ ; by similar reasoning to the proof of Theorem 4.1, after  $k \geq CN^2/\varepsilon^2$ , (when we know the underlying graph,  $k \geq C'N\sqrt{m}/\varepsilon$ , with probability at least  $\frac{9}{10}$ , the algorithm outputs that  $\pi = \mathcal{I}$ .

Now suppose that  $\pi$  is such that  $d_{\text{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$ ; we wish to lower bound  $\mathbb{E}[Z_k]$ . By Cauchy–Schwarz inequality,

$$\sum_{i,j} (\lambda_{ij}^{\pi})^2 \ge \frac{(\sum_{i,j} J_{ij}^{\pi} \lambda_{ij}^{\pi})^2}{\sum_{i,j} (J_{ij}^{\pi})^2} \ge \varepsilon^2 \left(\sum_{i \sim j} (J_{ij}^{\pi})^2\right)^{-1}$$

When (1.1) holds, we know that for every *i* and some  $\alpha > 0$ , we have  $\sum_{j:j\sim i} |J_{ij}^{\pi}| \leq 1-\alpha$ . Therefore,

$$\mathbb{E}[Z_k] \ge \varepsilon^2 \bigg( \max_{i,j} \{ |J_{ij}^{\pi}| \} \cdot \sum_i \sum_{j \sim i} |J_{ij}^{\pi}| \bigg)^{-1} \ge \varepsilon^2 \bigg( \sum_i [1-\alpha] \bigg)^{-1} \ge \frac{\varepsilon^2}{N} \,.$$

We can then use Chebyshev's inequality to bound

$$\mathbb{P}(Z_k \le \varepsilon^2/(2N)) \le \mathbb{P}(|Z_k - \mathbb{E}[Z_k]| \ge \varepsilon^2/(2N)) \le \frac{4N^2 \operatorname{Var}(Z_k)}{\varepsilon^4}$$

via the aforementioned bounds on  $\operatorname{Var}(Z_k)$ . Plugging in those bounds implies that the number of samples k we require is sufficient to identify that in this case  $d_{\mathrm{SKL}}(\pi, \mathcal{I}) \geq \varepsilon$  with probability at least  $\frac{9}{10}$ , at which point a union bound concludes the proof.

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